

THE WAY

The Newsletter of

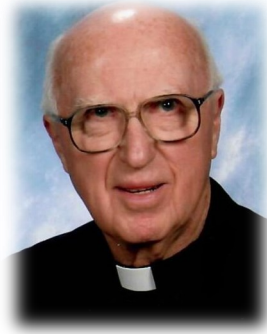
St. Mark the Evangelist Episcopal Church
1612 W. Genesee St. Syracuse, NY 13204
315-488-8511 || www.stmarkssyracuse.com



Fall 2020



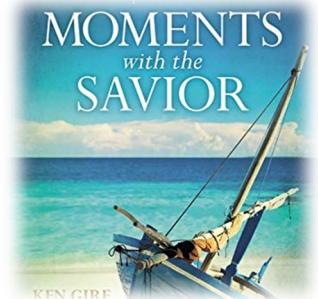
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An Update from our Rector

Dear St. Mark's Family,

For the last 6 months we have been living with the implications of the Corona Virus restrictions. For a lot of that time that meant we were trying to keep a worship life alive by sending out by email and on the website weekly, sometimes even daily, prayer services with sermons. A few weeks ago the Diocese allowed return to in-person worship with very strong restrictions. Given the typical attendance numbers before the shut-down, we determined that we needed two Sunday Services. That has worked quite well. People have "self-sorted" into approximately equal groups staying within the restrictions. Now, the Diocese has offered the option of slightly larger numbers at in-person services. 1/3 of the available seats in the sanctuary. In our case that would be about 35 people, or a little more than the two services combined attendance has been on a busy week. Therefore, we are pleased to announce that effective:

**October 11th—we returned to one service
Eucharist at 10:00 AM
In the Sanctuary**

Reservations are no longer be required but please be understanding that we will be doing our best to make room for everyone while maintaining safe distancing. Face coverings (Masks) will be required. There will be no social gatherings after the service. **We will be asking those attending to sign in for contact tracing purposes in case someone does come down with the virus.** The service will be the same as what we have been doing. IE. No congregational singing, no physical contact (hand shaking), communion in one kind (bread/host) only, etc.

Please call the church office with questions and concerns.

Yours in Christ,

Nelson W. Gaetz, Interim Rector

PS: *For those of you unable to attend in-person worship we will continue to provide print copies of the service/sermon every week.*

Missions at St. Mark continue despite COVID



St. Mark's 2020

Thanksgiving Basket Project

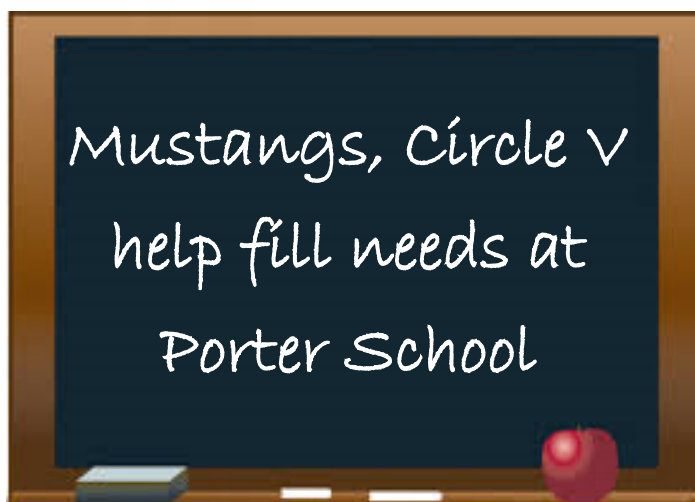
Since our beginning twenty-five years ago, St. Mark the Evangelist has provided Thanksgiving Dinner Baskets to families of Porter students and now more recently Frazer school as determined by their school social workers and nurses. We also have some for parish and neighborhood families. Each year, a team of parishioners met at Wegman's Onondaga the Monday evening before to shop and bring to the church for sorting and distribution the following morning.

This labor-intensive ministry has now run smack into the COVID epidemic and not wishing to abandon this important ministry, we have come up with an alternative solution. Instead of the above process, we are seeking donations from parishioners and friends of St. Marks to purchase \$25 gift cards from Wegmans, who has already graciously provided support as in past years. Our goal is to provide 25 cards **however, we will provide more if contributions allow.** We ask that donations be made by Sunday, November 22nd.

If your situation allows you to contribute, please send a check earmarked for THANKSGIVING BASKETS to the church or put it in the specially marked offering envelopes provided on the front table of the sanctuary during Sunday service.

Any Amount Welcome!

Deadline: Sunday, November 22nd



The Mustangs are busy gathering much-needed supplies for students in need at Porter Elementary. For more than 10 years, the women's group has been collecting items such as paper, folders, binders, notebooks, pencils, crayons, erasers, etc.— all delivered to each student in a new backpack!

AND, Just before students returned to the classroom, Circle V was able to donate hand sanitizer (compliments of Beak & Skiff in Lafayette) and a case of personal tissues for students.

Forever in our hearts...

Recently, St. Mark the Evangelist has had to say good-bye to some of our devoted friends and longtime parishioners who will all be missed by their St. Mark family. In addition, God called home the Rev. Hal Avery, longtime minister at Trinity, which was one of the churches along with All Saints and Calvary that eventually merged with St. Mark to form St. Mark the Evangelist in 1996. May those we have lost Rest in Peace and Rise in Glory!

Nancy "Agnes" Day April 7, 1919 — October 1, 2020



*N*ancy "Agnes" Day, 101, of Onondaga Hill, passed away Thursday, October 1, 2020 at The Centers at St. Camillus. Born in Glasgow, Scotland, she was a lifetime resident of Onondaga Hill. A graduate of Split Rock High School, Nancy retired from Emkay Candle Co. in 1980 after 25 years. She was a member of St. Mark the Evangelist Episcopal Church and loved spending time with her family.



Nancy was predeceased by her husband, John, in 1984.

Surviving are her daughter, Nan (Ted) Stetler of Onondaga Hill; granddaughters, Beth Stetler of Onondaga Hill and Jill (Scott) Musumeci of Onondaga Hill; and great-grandchildren, Andrew, Matthew, Ryan and Will.

The family would like to thank the staff at The Centers at St. Camillus for their loving care and compassion given to Nancy.

Relatives and friends called Tuesday, October 6 from 10 to 11 a.m. at the Buranich Funeral Home, 5431 W. Genesee St., Camillus.

Services will be private. Nancy will be laid to rest in Onondaga Valley Cemetery.

In lieu of flowers, contributions may be made to Helping Hounds Dog Rescue, 7268 Caswell Ave., North Syracuse, NY 13212 or to one's favorite charity.

Share condolences at www.BuranichFH.com. To send flowers to the family or plant a tree in memory of Nancy "Agnes" Day, please visit the funeral home's Tribute Store.

Anyone who would like to send a note or card to her daughter, Nan Stetler, may do so at: 5062 Onondaga Road, Syracuse, NY 13215.

Isabel R. Underwood
May 22, 1923 - September 27, 2020

Isabel R Underwood, 97, passed away in peace on September 27 at Wesley Manor Health Care with family by her side.

Born in Wilkes Barre, Pa., to John and Elizabeth Robinson, Isabel was raised and lived in Syracuse until she moved to Kentucky. She is predeceased by her parents and her husband, Warren L. Underwood, Sr. (2008).

Surviving are her son, Warren L. (Susan) Underwood, Syracuse, NY; one daughter, Deborah (William) Rode; Shepherdsville, KY; five grandchildren, Kris (Chuck) Rutkowski, James Underwood, William (Jen) Rode, Kimberly Rode, Brian (Ali) Rode; a great-grandson, Christian Underwood; a great granddaughter Lily Rutkowski; also Diane Leccarde, plus several nieces and nephews.

Isabel will forever be remembered for her strong faith, uplifting sense of humor, total honesty and love for her family.

Private services will be held at the Onondaga County Veterans Cemetery October 28th in Syracuse, NY.

Arrangements are by Schoppenhorst Underwood and Brooks Funeral Home (North Preston Hwy at Brooks Road)

In August 2019, former St. Mark parishioner Isabel and her daughter and son-in-law packed up and moved to the warmer climate of Kentucky. Her daughter, Debbie Rode, said her mom had been excited for the move and looked forward to the adventure. Isabel moved into Beehive Memory Care facility and enjoyed it immensely – and everyone there fell in love with the sweet, smiling lady. Despite the name of the facility, Jim Miller said he spoke with Isabel shortly before her move to Kentucky and, at 96, there was absolutely nothing wrong with her memory. He pointed out that “she is hard of hearing and almost blind, but she still loves to get the bulletin which she reads cover to cover.” A large-print bulletin was sent to her each week and she told him it takes most of the week for her to get through it. It was only in recent months that her daughter suggested St. Mark stop the mailing as her mom had taken a turn and was unable to read them anymore. Isabel, you will be missed by so many...

Anyone who would like to send a note or card to her daughter may do so at:

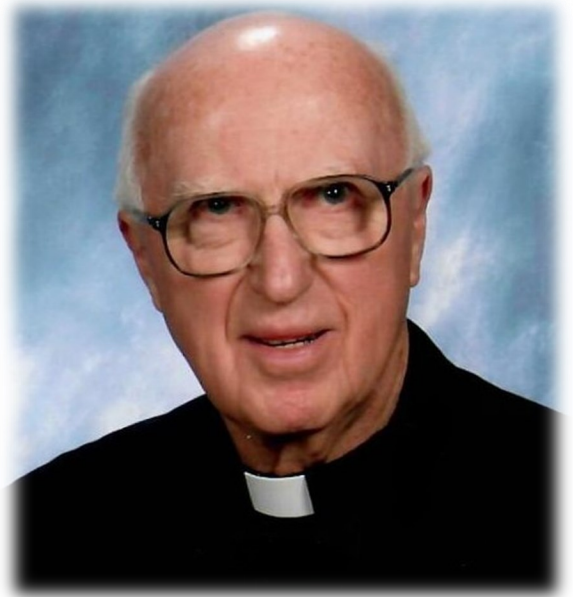
**430 Blue Ash Drive
Shepherdsville, KY 40165**



The Rev. Harold Dennison 'Hal' Avery

May 2, 1928 – September 18, 2020

The Rev. Harold Dennison Avery died peacefully at Iroquois Nursing Home on September 18, 2020 at the age of 92. Son of Harold Terry Avery and Anne Pirong Avery, he was born on May 2, 1928. He was predeceased by his parents; his sister, Dr. Patricia Labach; and the mother of his children, Gertrude Gardner Hughes. He graduated from Nottingham High School, Syracuse University, and Episcopal Divinity School in Cambridge, Massachusetts in 1952. Hal was ordained to the priesthood in 1953. Hal served the Rochester Diocese, primarily at St. John's, Canandaigua and in the Diocese of Central New York. Hal was the Rector of Trinity Episcopal Church and then served within the Syracuse Urban Cluster. He served on various committees within the diocese-from aging to youth, however, his passion was community involvement. He was never able to just attend a committee meeting, he always seemed to have a leadership responsibility. Hal was a "planner" and thrived on working to create new programs. He was on the dream team for the present Interfaith Works, Samaritan Center, Time of Jubilee, Lincoln Elms while serving on the Care & Share Fund, Metropolitan Commission of Aging, Maria Regina College, Coalition for Health and Welfare for Onondaga County, United Way of CNY, Home Aids of CNY, Visiting Nurses of CNY, Priority One of Greater Syracuse, Chairman of Community Issues, and more. He loved serving as the chairmen of the Legislative Committee of the NYS Council for Home Care services. He so enjoyed attending Thursday Morning Roundtable.



He also planned his summer vacations in the winter months with the same diligence that he took on committee work. He felt he did not need to travel too far because everything he needed was in the Adirondacks. Each summer had to end with his camping trip to Fish Creek in the Adirondacks.

After serving in the active ministry for 44 years-retiring-was bored after one year-and continued on serving churches as Sunday supply until he was 88 years old. He served All Saints Episcopal Church in Fulton for at least ten of those years. He had a "silly goal" of going wherever God called him to preach and wanting to be at every church in the diocese-some wouldn't let him go -Grace, Baldwinsville, St Luke's, Camillus, St John's, Marcellus, St Albans, Syracuse, Calvary, Syracuse, St. Mark's, Syracuse, Grace, Syracuse, St Paul's, Chittenango, Emmanuel, East Syracuse, Trinity, Watertown, Christ Church, Binghamton, All Saints, Johnson City, St John's, Black River, Grace, Carthage and the list goes on....

He was married to Jeanne Garrison Ives Avery for 35 years. He is survived by his wife; his children, Stephen (Melanie) Avery, Catherine (David) Hallett, Peter Avery and Lucinda Avery; stepchildren,

Kathy (Douglas) Chapman, Cyndi Ives and David Crouse and Rodney (Amy) Ives. Hal was always amazed that he had eleven grandsons and two granddaughters, Andrew, Matthew, George, Dennis, Richard, Christopher, Thomas, Kevin, Jacob, Forrest, Tucker, Margaret and Elizabeth and many spouses. But then the great grandchildren reversed and he has four boys with nine girls, Landon, Ivan, Myles and Connor with Aurora, Ariel, Beatrice, Victoria, Adeline, Emma, Ellie, Imogen and Emerson. He is also survived by his brother, Robert (Jean) Avery; and nephews and a niece.

The family wishes to express their deep gratitude to the staff of Iroquois Nursing Home for the loving and concerned care he was given especially during this very difficult time of the isolation during the pandemic.

In lieu of flowers, please consider donating to, The Episcopal Relief and Development, Box 7058, Merrifield VA 2116, St. Paul's Episcopal Church, 310 Montgomery Street, Syracuse, NY 13202, All Saints Episcopal Church, PO Box 542, Fulton, NY 13069 or Interfaith Works, 1010 James Street, Syracuse, NY 13203.

Open visitations were held at Fairchild & Meech Dewitt Chapel, 3690 Erie Blvd East, DeWitt on Tuesday, October 6 from 4-7 pm. The Requiem Mass, which was limited to 50 people due to Covid-19 restrictions, was held at St. Paul's Episcopal Church, Syracuse on Wednesday, October 7 at 10 am. Burial immediately followed at Greenlawn Cemetery in Warners. The Mass was livestreamed through St. Paul's website: stpaulsyr.org.

Hal Avery was a major player in the formation and ministries of the Syracuse Urban Cluster in the 80's and up through his retirement from Trinity. He was the reason Kitty and I started attending Trinity in 1982 after Jeffrey was born. Kitty was calling around city Episcopal churches and Trinity was the only one to have a live voice at the other end. It was Fr. Avery and he talked and talked and... the rest is history! The Syracuse Urban Cluster was a cooperative group of 7 city Episcopal Churches—All Saints, Calvary, Church of the Saviour, Grace, St. Mark's, Trinity with St. Paul's providing a supporting role. Of these, All Saints, Calvary and Trinity eventually closed to form St. Mark the Evangelist in 1996.

Hal got first Trinity and then the Syracuse Urban Cluster involved in neighborhood ministries. One of the most successful was the Crossroads Tutoring program. He also reached out to the gay community and what later became known as Aids Community Resources (ACR) had its beginning at Trinity. His obituary summarizes his extraordinary involvement first at Trinity and then in the Syracuse Urban Cluster and the greater Syracuse community, including the founding board of the Samaritan Center.

~ Jim Miller

Father "Hal" also had a personal connection to our church. He was a descendant of the Terry/Avery families. The "angel" windows on either side of our high altar are dedicated as memorials to members of the Terry family. A Mr. Terry was one of the founders of the (former) St. Mark's Parish. Members of the Avery family were in attendance at the laying of our cornerstone on September 22, 1885.

~ Joan Green

To read a little more about the Rev. Hal Avery and his impact, see page 16.



A Thought for Today

During this very long pandemic, I am sure many of us have felt isolated, disappointed and even depressed at times. Most of us have been able to at least leave our houses. It may have not been very exciting ventures but we could go shopping, to church, to the bank and even the hairdressers. I've been thinking of our "at-home" friends from church. Until recently, they

have truly been isolated. I'm sure some of their days have been very long and not too uplifting. What can we do to let them know they have not been forgotten by their church family? Here is a small idea – pick one or two names on the enclosed list-send that person(s) a short note, a funny card or one with a sweet message. There is an old saying that I think of from time to time. I'd like to share it. "But for the grace of God, go I."

*Thank you,
A member of the Pastoral Care Ministry*

What it means...

Jim and Kitty Miller have been keeping in touch with some of our at-home parishioners and it has been so greatly appreciated by those they have reached out to. They shared a couple of responses:

From Betty Klinger:

Dear Jim & Kitty,

Congratulations on a new home out of the [inner] city. Hope you find it comfortable with good neighbors. My daughter, Kristine Marie, and her husband, Benoit, are leaving their home in Paris and moving to Boston where Kristi says she has found her dream job. Benoit works on computer at home, so he'll be happy to have a new city to explore. The girls, Matilda and Clemence, will keep the house in Paris. Their son, Pierre, will come to Boston. Everybody is glad to be able to keep the country house in France. Guess it' s moving weather. Today's temperature seems like Fall- good weather for making soup. enjoy your home. God bless and send you happiness. In His Love, Betty

From Lucy Williams, Marian Williams' daughter:

Jim & Kitty:

Thank you for your updates from St. Marks and [about] your new home. I have only been able to see Mom once in person. She looked good. I think she cannot understand COVID but seems content and I don't think she realizes we are not together. She is safe and well cared for. Hopefully, in-person visits will open soon again. Hope you are enjoying your summer. Best, Lucy

Here are some parishioners the Pastoral Care Ministry knows would love to hear from us. Some are no longer able to attend, some are not quite comfortable enough to return to church yet and some unfortunately are recently ill or injured...

Mrs. Ethel Axelson
Elderwood at Liverpool
4800 Bear Road, Rm. 241-D
Liverpool, NY 13088

Dottie Schmitt
The Loretto Cunningham
700 E Brighton Ave, Rm 538
Syracuse, NY 13205

Victoria Austin
100 Bennet Manor Drive #214
Syracuse, NY 13057

Betty Klinger
226 Grant Blvd #3
Syracuse NY 13206

Ginny Talcott
133 Charles Drive
Camillus, NY 13031

Warren & Cherry Ottey
8596 Cazenovia Road
Manlius, NY 13104

Carol Greis
4913 W Genesee St. #306
Camillus, NY 13031

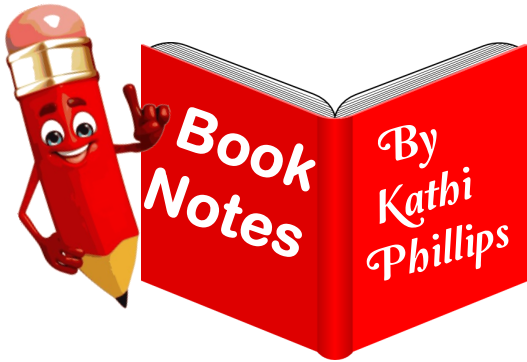


Circle V News

Circle V meetings are on hiatus along with other church groups and events, however, they realize that the need does not stop for anything. To that end:

Circle V is still collecting items for the personal care bags, i.e. shampoos, combs, wash cloths, deodorants for either men or women, shavers for women or men, bar soap, toothpaste and brushes, etc. They ask anyone who can pick up one or two (or more) of these items to please hold onto them until the church re-opens. Then they will be working like busy bees to put the bags together!

Circle V meetings are held at noon on the first Thursday of the month in the Parish Hall except for June and December meetings, which are held at area restaurants. YOU are always welcome to attend our meetings. Just bring your own lunch; dessert, coffee and tea are provided. ALL ARE WELCOME!



One of the problems with owning a lot of books is the difficulty of finding the one you want when you want it. I had to search on my hands and knees with a flashlight for my copy of **The Delights of Reading: Quotes, Notes & Anecdotes** by Otto L. Bettmann. The effort was worth the trouble.

“All the glory of the world would be buried in oblivion, unless God had provided mortals the remedy of books.”

Richard de Bury

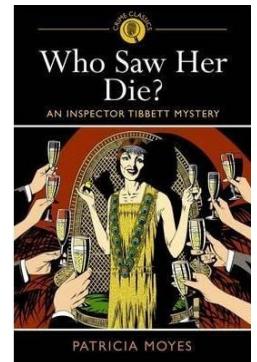
I have been reading and re-reading this quotation for days now. I recognize that, despite being an avid reader, it had never occurred to me to thank God for giving us books!

In the summer edition of The Way, I asked other church members for contributions to Book Notes – either recent reads or favorite authors or favorite books. **Joan Green** was the first to step up to the plate. Joan says she likes to read historical fiction and she has three recommendations. **Book Woman of Troublesome Creek** (2019) by Kim Richardson and **The Giver of Stars** (2019) by JoJo Moyes are both set in the 1930’s. “As a WPA project, Pres. Roosevelt hires young women to become librarians and deliver books to people in the hills of Kentucky and Tennessee. They ride horses or mules and are called the Packhorses librarians. They traveled the hills year-round when the weather was not always pleasant and they encountered some of the mountain men who may have been drinking moonshine, etc. Eventually the mountain people looked forward to the book deliveries from these brave women.”

Joan also recommends **Radium Girls** (2018) by Kate Moore. “The setting is early 20th century. Young girls were hired to become factory workers. Their job was to paint the dials of watches with radium, not knowing it was poisoning their bodies. The owners of the factories denied this fact even though the girls were getting sick and some even dying from the radium. [a great read but a haunting story.]”

“Behold a book. I will nourish with it five thousand souls, a hundred thousand souls, a million souls...all humanity.” Victor Hugo

I have done another hands-and-knees search with a flashlight, but this time to no avail. I want to tell you about one of my all-time favorite novels by one of my all-time favorite mystery writers. The book is **Many Deadly Returns** (1970) by Patricia Moyes. The alternate title is **Who Saw Her Die?** But I cannot find my copy! It is out of print, but you can find inexpensive used copies on Amazon.com or perhaps at a used bookstore. And you should. You will not be able to figure out how Lady Crystal Balaclava died. Don’t start this one on a Saturday night because you might not make it to church on Sunday morning. Because I cannot find my copy, I am going to quote a description of the plot from Amazon.com. “Detective Inspector Henry Tibbett is sent to spend the weekend with Lady Crystal Balaclava who has asked for him specifically. She feels that her life is in danger, although she can’t give any more information than that. She is having her annual birthday bash and all her children (3 girls) and their husbands are coming to her estate for the weekend. She is not estranged from her children, but they definitely don’t have a close relationship. Crystal lives alone with only her friend, Dolly, for help and company. Crystal’s husband’s will set them up for trouble when he gave each of them an allowance, with the bulk of his large estate to be divided among his 3 girls upon their mother’s death. So, everyone has a motive for killing Crystal. It is a very tense situation that greets Henry Tibbett and his wife, and furthermore, Crystal doesn’t want anyone to know who he is, which makes it even more awkward when she dies before their eyes at her birthday dinner.”



There are 19 books in the Henry Tibbett series. Read them in any order you wish. Most of them are excellent and have lovely twisty plots. Moyes says *“I do not feel that what Noel Coward calls a ‘talent to amuse’ is something to be despised. Frankly, I would sooner divert people than put their souls through an emotional meatgrinder, and I have long ago stopped apologizing for not being a ‘serious’ writer.”*

Dead Men Don't Ski (1958), **The Sunken Sailor** (1961), **Death on the Agenda** (1962), **Murder a la Mode** (1963), **Falling Star** (1964), **Johnny Underground** (1965), **Murder Fantastical** (1965), **Death and the Dutch Uncle** (1968), **Many Deadly Returns** (1970), **Season of Snows and Sins** (1971), **The Curious Affair of the Third Dog** (1973), **Black Widower** (1975), **To Kill a Coconut** (1977), **Who is Simon Warwick?** (1978), **Angel Death** (1980), **A Six Letter Word for Death** (1983), **Night Ferry to Death** (1985), **Black Girl, White Girl** (1989), **Twice in a Blue Moon** (1993).

“To me, detective stories are a great solace, a sort of mental knitting, where it doesn't matter if you drop a stitch.” Rupert Hart-Davis

Cherry Ottey shares her thoughts about **Moments with the Savior: A Devotional Life of Christ** by Ken Gire:

“Having published four well-known devotional books in the series “Moments With The Savior” in 1989, Ken Gire weaves those and 20 newly written meditations together into this one soul-touching book.

The “Moments” are described as Intimate, Incredible, Instructive, Intense, or Insightful and they are arranged chronologically from the genealogy of Jesus Christ (Matthew 1:1-16) to His Ascension as described in Acts 1:3-11. Each meditation begins with scripture, followed by a reflection on those words, and closes with a prayer.

The first time I read this book, I was moved by the sheer beauty of the words. Ken Gire doesn't just write words, he paints a portrait of Christ that's so real, I felt that I could reach out and touch Him. I've just finished my third reading of this book, since receiving it as a gift in 2003, and it still causes me to see Him in ways that are new and different. Reading these devotions over the past two months has truly provided a time of peaceful focus on and with Christ at the beginning of each day.”

Those of you in the choir will recognize the title, **The Complete Book of Christian Prayer** (1997) , published by the Continuum Publishing Company. No author is specified. We have a choir copy that we pass from member to member each week. That member chooses a prayer from anywhere in the book that she or he reads to the group at the conclusion of rehearsal. The prayer is initialed, dated, and the book is passed to the next volunteer who then has a week to make a selection. The book contains over 1,200 prayers from over 560 authors and draws on the best in every major tradition, Catholic, Orthodox, and Protestant. The prayers are arranged under practical subject headings such as “Patience and Gentleness,” “Those in Trouble and Distress,” “Children,” and “Peace and Reconciliation.” After the reading we pray the Lord's Prayer together. I am, of course, speaking of pre-pandemic times. Choir members are longing for the return of days when we can both sing and pray together.

Finally, I draw your attention to **Prayers for Peace** (2004), a small volume of prayers selected from the world's major religions and edited by B. Martin Pedersen. In his forward, The Most Reverend Frank T. Griswold, then Presiding Bishop and Primate of the Episcopal Church, says this: “If we believe – as I do—that we truly are a nation under God, then rather than covering ourselves and our actions with a self-assumed blanket of holiness, we are called to ask what the Lord requires of us. We are called to discern what it means to be faithful. In the days immediately following September 11, when our wounds were fresh, we had a new opportunity to ask what it means to be under God. We had a glimpse of our kinship with a larger world, where acts of terror come in many forms.”

“No one can be called friendless who has God and the companionship of good books.” Elizabeth Barrett Browning

Many thanks to **Joan Green**, and **Cherry Ottey** for their excellent contributions. As for the next issue, **how about you?** Send me an email any hour of the day or night: kphilli7@twcnyc.rr.com.

Editor's Note: This edition of Book Notes was edited due to space. Kathi received quite a wonderful response and the rest of her Book Notes submissions, which includes contributions from Gary Neddo and Jim and Kitty Miller, will be included in the next edition of THE WAY.

NOVEMBER 2020 FOOD \$ENSE MENU

Westside @ St. Mark's

Inquiries can be made at:

(315) 488-8511 or (315) 727-4936

Email: stmarkssyracuse@gmail.com

Website: www.stmarkssyracuse@gmail.com

November Package* \$20.50:

- Turkey Pan Roast, 2 lbs.
- Tilapia Fillets, 1 lb.
- Ground Pork, 1 lb.
- Home style Stuffing, 22 oz.
- Mashed Potatoes, 32 oz.
- Turkey Gravy, 15 oz.
- Sweet Potatoes, 15 oz.
- Cranberry Sauce, 15 oz.
- Canned Corn, 15 oz.
- Pie Shells, 2 ct.
- Fresh Produce
- Fresh Produce

**Projected package is subject to change*

NOVEMBER Specials:

Whole Turkeys (10-12 lbs. for \$16.50):

The whole turkeys average between 10 and 12 pounds per special.

Meatloaf (2 lbs. for \$7.00): The meatloaf is a traditional meatloaf made with 100% ground beef.

Produce Box (\$14.00): The Produce Box includes: apples (3 lbs.), celery (sleeve), onions (2 lbs.), carrots (1 lb.), white potatoes (5 lbs.), winter squash, and three sweet potatoes.

Pork Loin Roast (2 lbs. for \$7.50): The pork roast is boneless and weighs 2 lbs. per special.

American Cheese (5 lbs. for \$11.50): The sliced American cheese is not individually wrapped.

Macaroni & Cheese (6 lbs. for \$10.00): The macaroni & cheese is family-sized and a Stouffers' product.



PLEASE READ:

We cannot hold food for you after the scheduled pick-up time. If there is a conflict, you may have someone else pick up your food for you. If you have any questions, please ask the volunteers when you sign up.

There are NO refunds or exchanges.

Any food NOT picked up on Nov. 18th will become a donation.

What is Food \$en\$e??


What is it? Food \$en\$e offers the opportunity to stretch your food budget by purchasing quality food at a discount.

Who is eligible? EVERYONE is eligible to purchase food from Food \$en\$e. No donated food is used in this program. It's a buying club — so there is no income requirement.

How does it work? It's SIMPLE. Order and pay in advance at our site. Cost is ALWAYS \$20.50 per unit. Multiple units may be purchased, and/or single specials — YOU choose!

Cash or EBT accepted. Sorry, NO checks. (EBT customers must bring card and sign a voucher).

When can I sign up?

 **Sundays,** 
Nov. 1 & 8
10am – 12 noon

Thursdays,
Oct. 29 & Nov. 8
4 — 6pm

Pick-Up Date & Time:

Wednesday

Nov. 18

11:30am-1:30pm

Special in November! Each customer will receive FREE Bread at pickup...

Instructions for Ordering

All orders will be taken in the Parish Hall. Please enter and exit using the West Genesee Street entrance ONLY. We ask that you come in one at a time (or one family/couple). Masks are required.

** PLEASE NOTE**

Due to early ordering this month, all EBT orders will be processed on Sunday, Nov. 8

Picking Up Your Order

Please drive in the parking lot and there will be signs and volunteers to instruct you on the process to pick up your order and to place your next.

FOR YOUR ADDED CONVENIENCE:

Just give us your email and we will send you the following month's brochure ahead of your pick-up day. That way, you can place your next order the same day you pick up your current order, saving you an extra trip for ordering!

Simply call the office (315-488-8511) and give your email to Deb, email stmarkssyracuse@gmail.com or give it to one of the volunteers on the day of pickup. You may also sign up on the Food \$en\$e page on our website.

Remembering a Lifetime of Love and Commitment

Our family relationship with Fr. Hal began in 1982. Our third child, Jeffrey, was born in October, 1981, and it was time for us to begin our return to church. Kitty and I are cradle Episcopalians. Unfortunately, for so many years, Sunday services in any Episcopal church were always preceded by a Saturday night and in your “youthful years” that was problematic for squeezing in church!

Nonetheless, Kitty took it upon herself to find us an Episcopal church in which to restart our Christian faith. She began calling and Trinity was the first church in which a person replaced an answering machine. That person was Fr. Avery ... 45 minutes later, we were going to attend Trinity.

We were welcomed with open arms from everyone – parishioners Thelma and Carl Reinauer were champions at positive Christianity and we felt right at home. Soon our three kids were serving as acolytes, sharing the duties with Stevie Morrison and his elder sister, Lizzie. Kitty joined the altar guild and I soon became a vestry person and then a warden.

As the congregation shrunk along with other mainline churches, Fr. Hal helped to form the Syracuse Urban Cluster out of the 7 city Episcopal churches. We shared ministers and ministry. But “internal ministry” was not enough. Neighborhoods in which we were located cried out for help. From his leadership, the Samaritan Center got its start...right here in the basement! And Lincoln Elms Senior Living Center and Time of Jubilee both had their starts with Fr. Hal in a motivating role. “City Camp” – a one or two week camp for neighborhood youngsters was a cluster initiative staffed by our young people. While illustrating a Bible story, he stood in an inflatable boat, which worked for the adults and left the children bemused. He and Jeanne supervised the counselors at VanderKamp on Oneida Lake where he and Jeanne stayed in their beloved and well-used camper. Fr. Avery taught us a lot... as a youngster he

had a stuttering problem. Seminary taught him how to deal with it ... doing a box step while delivering his sermons ... he and Joe Biden both have overcome the same challenge with grace and class.

He taught the congregation how to truly love everyone and to leave the judgement to God. He reached out to the gay community at the beginning of the AIDS/HIV epidemic ... from that grew what is now ACR Health. Trinity became the home to a transvestite community, a cross dressing community, and the gay community. The first Gay Pride parade started out from the parking lot shared by Trinity and Greenleaf Funeral Home ... unfortunately, the parade organizer did not first seek permission to paint a 6” wide purple stripe leading out of the newly paved parking lot — that had been paid for by Greenleaf.

Kitty began a career as a Contact staffer after Fr. Hal recommended her for the Diocesan Task Force on Adolescent Suicide Prevention. I am still on the Episcopal Fund for Human Needs, a position he suggested me for.

As our daughter, Bevan, said on her Facebook page regarding Fr. Hal...”Judging others is not a part of being Christian. God’s love is for everyone. He and Jeanne helped me to love church and God and I feel so lucky to have known him.”

~ *By Jim Miller*

Editor note: Fr. Hal baptized Bevan’s youngest, Makoto Kiguchi, in Cayuga Lake’s water in 2010 – Fr. Hal, 82; Mak, 3 months old. This was years after he had baptized Ryan and Jeff. Bevan is also head of the Altar Guild of St Thomas’ Whitemarsh in Philadelphia and on their search committee.

A Life Thought: A Touch of Gold

“But now, O Lord, thou art our father; we are the clay, and thou our potter; and we all are the work of thy hand.” (Isaiah 64:8)

When I was a staff writer for The Palladium-Times in Oswego, I had the pleasure of interviewing an amazing woman who truly epitomizes the strength of character and faithful attitude that can come out of tragedy and extreme adversity. Although she has experienced some of the worst things imaginable – including escaping a cult, fighting to get her sons back once she left the cult and then the death of one of her sons – she is going strong today, using what she has gone through to help others. And, oh yes, with an almost perpetual smile upon her face.

Even though she admits at one point she was almost completely broken and that she does still have her moments, she draws solace and strength from knowing she is unequivocally and eternally in God’s hands and that He is gently and lovingly remolding her brokenness into a new wholeness.

Using the pieces of her ravaged life, she said God is transforming and using them to guide her on a journey to her ultimate purpose and mission in life. To describe the process, she showed me a beautiful bowl that looked to have decorative cracks of gold running through it. She said she was recently introduced to this unique art form and immediately fell in love with it. Called Kintsukuroi, she said this bowl truly exemplifies the work she knows God is doing within her heart, soul and mind.



Kintsukuroi is the Japanese art of fixing broken pottery with a lacquer resin sprinkled with powdered gold. It literally means “to repair with gold.” Once restored using this technique, a broken piece of art becomes not just functional once more, but even more beautiful for having been broken. How cool is that?

All of us at one time – or maybe even right now – have been broken by something or someone. But God can take every shattered piece of our lives and restore it whole, making it better than before. When—and even if—this happens and how long it takes, however, is up to us.

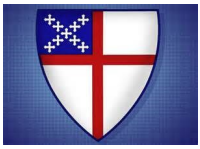
I do realize how difficult it can be when you are in deep despair and so completely beaten down to believe that anything good could possibly come out of what you are going through. But that is exactly what we need to know in order to overcome it, raising us to victory over our circumstances. If we grab onto God as soon as we begin to break and ask Him to fill the cracks with his love, strength and forgiveness, we can come out at the other end even better than before.

And in those unforeseen and drastic times when we shatter quickly and nearly completely, we need to cling to God more than ever, asking Him to gather up all of the pieces to make us whole again, mending us with His “gold.”

I remember reading a blog by Pastor Greg Farrand, co-founder of the Selah Spiritual Foundation, that I thought summed up this process very nicely and takes it even one step further.

“Kintsukuroi expresses a profound eternal truth ... when we stop pretending to be strong and allow ourselves to be loved in our weakness, we become strong. When we collapse onto Divine love in our insecurity, we become secure. When we allow God’s compassionate presence to flow into our fear and self-consumption, he transforms it into genuine other-centeredness. Our wounds and scars become the cracks that most brightly reflect the presence of God (treasures in jars of clay).”

Love, Deb Denny



St Mark the Evangelist Episcopal Church

1612 W. Genesee Street Syracuse, NY 13204

TO:

Don't Forget...



**Daylight Saving
Time Ends
Sunday, Nov. 1**

Service Time

Sundays:

10 am-Holy Eucharist

Office Hours

Tuesday—Friday:

9 am to 2 pm

Mission Statement: The Church of St. Mark the Evangelist is a community of faith sharing the love of Jesus Christ with one another and the world.