

THE WAY

THE NEWSLETTER OF
ST. MARK THE EVANGELIST EPISCOPAL CHURCH
1612 WEST GENESEE ST.; SYRACUSE, NY; 13204
315-488-8511 + STMARKSSYRACUSE@GMAIL.COM

February 2018

Contents

Answering the Call.....p. 2

A Tidbit of History.....p. 4

Some Ways to Helpp. 5

Happy 100th/CNY Ultreya.....p. 6

St. Valentines Day Dance.....p. 7

Clothes Closet/Youth Can Drive.....p. 8

February Ministry Schedule/Stump the Rector.....pg. 9

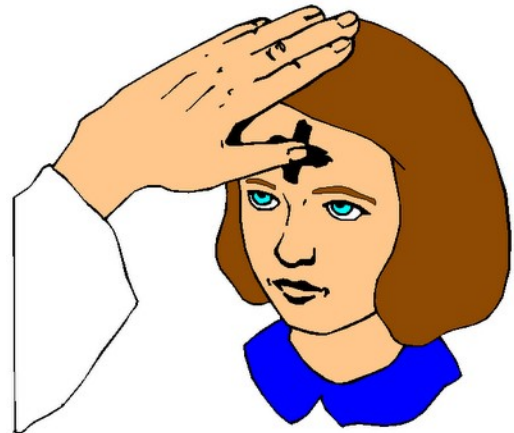
What is Shrove Tuesday?.....p. 10

Thank You/Youth Retreat.....p. 11

February Food \$en\$......p. 12

November/December approved minutes..p. 18-19

Mission Statement: The Church of St. Mark the Evangelist is a community of faith sharing the love of Jesus Christ with one another and the world.



Service Time

Sundays:

10 am-Holy Eucharist

Nursery available during service

Ash Wednesday Service:

7 p.m., Wednesday, Feb. 14

Office Hours

Tuesday—Friday:

9 am to 2 pm

ANSWERING THE CALL

In the beginning of Mark's Gospel there are no miracles. No preaching. No acts of healing. No tell-tale sign that the Kingdom of God has come near except that John Baptist, a herald, points to Jesus and declares that Jesus will baptize with the Holy Spirit rather than with just mere water.

As Jesus comes out of the water of John's Baptism, the Holy Spirit descends upon Jesus as he is proclaimed by God the Father to be his beloved.

Then, immediately after Jesus' baptism by John the Baptist, the Holy Spirit drives Jesus into the desert to be tested by the Adversary for 40 days. In just the first 13 verses of the Gospel of Mark the Holy Spirit is mentioned 3 times. Maybe that is the key to understanding how these men could drop all they knew and had and follow Jesus without experiencing anything yet. Maybe the Holy Spirit was moving within them so that they knew that saying "yes" was of God.

These men whom Jesus calls are not sheepish followers of other men. They are fishermen. Jesus calls men who

understand their fishing as not only being their livelihoods but the work that keeps poverty, starvation, degradation, and death away from their door. Their work is holy because it fights for life itself and proclaims the One who is life itself. Their vocation as fishermen is witnessed in the scars and calluses of

their hands, the rope burns that decorate their arms and legs, the busted knuckles and gnarled fingers, the salt of their sweat drying on their skin and staining their clothes, the constant burning and peeling of their skin by the sun, and the ever watchful eye that scans the sky for

storm clouds. These are men who understand that their work matters and they understand how easily life can slip into death out on the Sea of Galilee.

Jesus' call to them to "fish for people" is a call to affirm life itself in the midst of a tough world where survival reigns. These men are not called out of the corpulent and rich few but out of the mass of humanity who pray to God and

"Like the disciples, every one of us is called through the ordinariness of our lives into the extraordinary life that God offers."

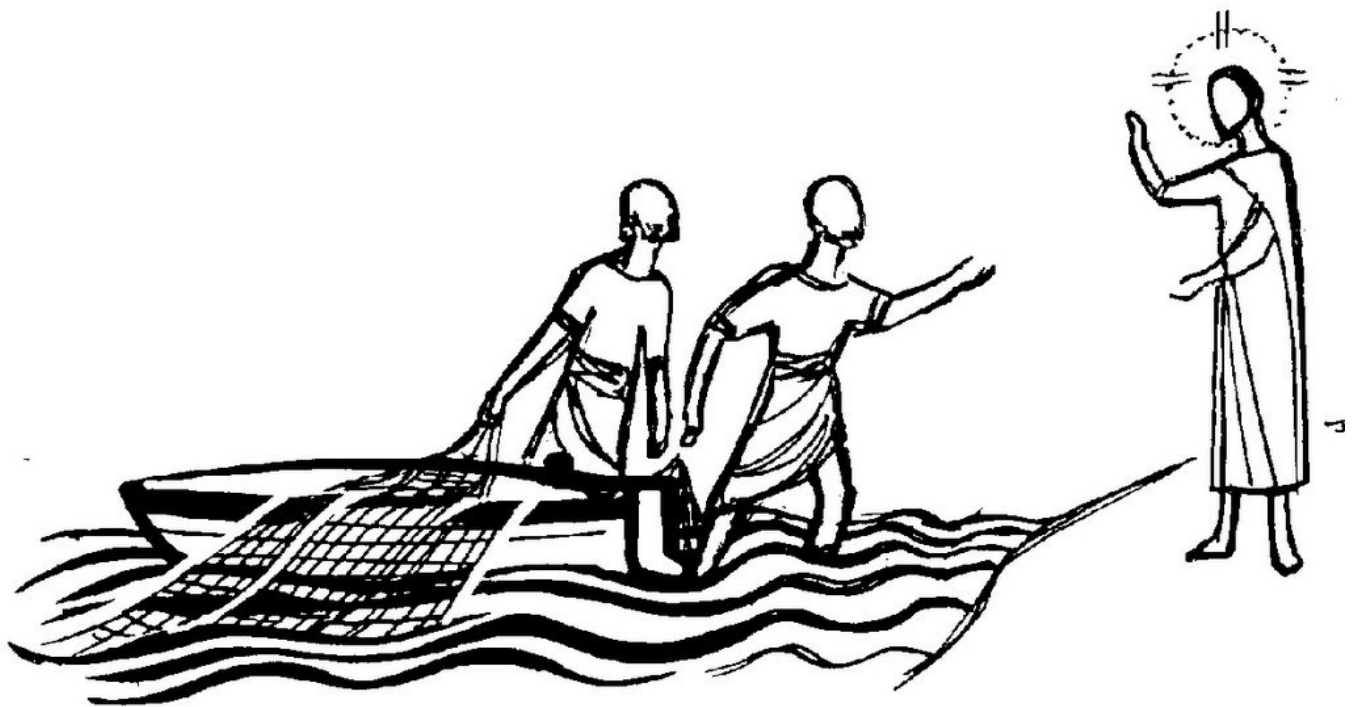
live for one another watching for God's reign in the midst of their chores and struggles.

This is why Jesus calls these men. He knows that they will understand that his ministry and their part in that ministry will be for many the difference between life and death. For them, it is that stark.

Our own callings are no less stark than that of Jesus' call to those fishermen over 2,000 years ago. Our callings must matter. They must make a difference to whether someone eats or drinks or is clothed or is housed or is comforted in the midst of their affliction or whether they discover or re-discover that God truly loves them.

Like the disciples, every one of us is called through the ordinariness of our lives into the extraordinary life that God offers. It is indeed an offer we can refuse. Yet, when we accept this offer we are also accepting who we were meant to be...who we are born to be. In accepting God's offer of an extraordinary life, we are also accepting both the responsibility and the privilege to make the Kingdom of God present. Making God's Kingdom present is why we were created. Making God's Kingdom present is why any one of us is called. Let us always and without reservations always answer God's call to follow.

~The Reverend Adrian A. Amaya



A TIDBIT OF HISTORY



Do you recognize these two special items found in our church? As with most items at St. Mark's, they each have a story to tell. They both belonged to the former Calvary Church and were given to St. Mark's when the new parish was formed in 1995. The statue of the Virgin Mary with the Christ Child (left) was purchased in 1927. The gift was given to Calvary by the family of a young girl who tragically died in a fire. The gift is the work of the famous Italian carver, Franzelli, and was made in the studios of Burnes & Oakes in West London, England. It can now be found in our chapel/ side altar.

The second item is a crucifix that hangs in our Parish Hall. This crucifix hung over the altar in the former Calvary Church. The church was burglarized and set on fire in November of 1963. The church was totally destroyed. Miraculously, the crucifix was only scorched. It was rescued by the firefighters, cleaned and hung in their new building for several years. The photo at the right shows what the crucifix looked like minutes after the fire.



~Joan Green

Looking to help? Here's a way...



Latest Food Pantry Needs

Thank you all for your generous donations in support of this important ministry

The Food Pantry is in pretty good shape, however, here are some items we could still use

Peanut Butter

Jelly

Cereal

Canned Hash

Canned Chili

Tuna Fish

Pudding Cups

White Rice (small bags)



Personal Items Needed

As you know, Circle V puts together bags of personal items as a supplement to the Food Pantry for those in our community who need them. It has recently come to our attention that folks are coming in specifically for these products—in particular, shampoo, deodorant and toothpaste. Right now, we have plenty of soap, but are out of these other items and are currently accepting donations for men and women.

If you are able to help, please bring your donation to the church during service or during office hours and Circle V will put the bags together.

Thank you all so much for your generosity and compassion for our neighbors.



**Congratulations to
St. Mark's Newest
Centenarian!**

St. Mark would like to wish
GERTRUDE "TRUDY" FULMER COE
A VERY HAPPY 100th BIRTHDAY
On MARCH 4TH



Trudy is the widow of Robert N. Coe, Sr. She has 3 sons, 5 grandchildren, and 8 great-grandchildren. Trudy lived in her own home until three years ago. She is quite happy to be living at Brookdale Assisted Living.

Trudy was Baptized, Confirmed and Married in St. Mark's Church. She will celebrate her 100th birthday with a small family gathering at Brookdale on March 4th.

Please send birthday greetings to the following address:
4055 Longbranch Road, #78, Liverpool, NY 13090

Attention Cursillistas!

CNY Ultreya meets on the 3rd Wednesday of
the month at St. Matthews;

Liverpool, 7pm

Next meeting:

Feb. 21st



St. Valentine's Day Dance

When: Saturday, Feb. 10th

7-10 p.m.

Where: St. Mark's Undercroft



All parishioners are invited and encouraged to bring a friend!

Please bring a dessert/snack to share

Feel free to bring in CDs or cassette tapes with your favorite dance music!



St. Mark's

**CLOTHES CLOSET IS OPEN
SATURDAY, FEBRUARY 10th**



From 10:30 a.m. to 12:30 p.m.

**Browse through men's, women's and children's clothing, shoes, jewelry, etc...
ALL FOR ONLY 25 CENTS PER ITEM!**



**The Green Café is open during Clothes Closet
with a free light breakfast for shoppers!**

*The Clothes Closet is open on the second Saturday of each
month
(Closed July & August.)*

Volunteers are needed between 9:45 a.m. and 1 p.m. +/-



Keep those cans and bottles coming!

Thanks so much to all of you who have donated cans and bottle to St. Mark's Youth Group! The collection continues and there are two collections bins available for recycling—one in the Undercroft and one by the door going up to the Parish Hall.

You may bring them directly to church or you may contact Phyllis Honsinger at (315) 214-9847 for pick-up service at your home. Also, the redemption center that has the account is located in Western Lights Plaza. You can bring them there and just ask for the amount to be added to the account for **St. Marks**.

We thank you again for your past donations and look forward to your future donations. Please let us know if you need any assistance!

St. Mark the Evangelist Youth Group



BOTTLE AND CAN COLLECTION to benefit the
Youth Group at St. Mark the Evangelist Church

Bring your empties to church and place in the collection bin or
to schedule a pick-up call Phyllis Honsinger (315) 214-9847

MINISTRY SCHEDULE FOR THE MONTH

FEBRUARY 2018



	<u>4th</u>	<u>11th</u>	<u>18th</u>	<u>25th</u>
LECTORS	Kaley R. Kathi P. Kitty M.	Adam A. Forrest A. Sally T.	Nancy M. Alex A. Gary N.	Noah H. Tommy M. Dana M.
WORSHIP LEADER	Gary N.	Jim O.	Dana M.	Gary N.
CHALICE BEARER	Ethel A. Jim O.	Tommy M. Pat D.	Jim. O Ethel A.	Nancy M. Tommy M.
GREETERS	Marie B. Sally T.	Phyllis H. Bob K.	Ernestine L. Marie B.	Barb W. Phyllis H.
USHERS	Jackie E. Marie B.	Gary N. Nancy M.	Jackie E. Jim M.	Pat D. Jim M.
PRESENTER OF THE GIFTS	Kim A. Nancy M.	Gary N. Forrest A.	Barb W. Ernestine L.	Ethel A. Sally T.
ALTAR ASSISTANT	Jack O.	Annette S.	Alex A.	Forrest A.
ACOLYTES	Noah H. Hendrik L. Adam A.	Marie B. Tate L. Alex A.	Tate L. Noah H. Adam A.	Alex A. Hendrik L. Marie B.
V.P.O.D.	Barry G.	Cherry O.	Gary S.	Julie D.
ALTAR GUILD	Team A	Team B	Team D	Team A
COFFEE HOUR	Nancy M. Marie B.	Annette S.	The Richmond Family	Parish Luncheon

STUMP THE RECTOR!



Do you have a question of a liturgical nature? Perhaps why we do something the way we do? How effective is my prayer? How can I become better at prayers?

What would Jesus say if I....? Perhaps a historical question? There may be something bugging you—a Bible passage that doesn't make sense or a situation in your life for which you need a suggestion! If any or other questions pop up, we have a possible answer. You may e-mail the question/concern to the church at

stmarkssyracuse@gmail.com or write them down and mail them to the church. Fr. Amaya will respond to them in the next issue of The Way! Or, if the mailbox overflows, in a subsequent issue. We think that if you have the question, there are likely others who might also benefit from the response and be glad you had asked it!

You may identify yourself or send your questions in anonymously.

What Exactly is Shrove Tuesday?



Shrove Tuesday is the day before Lent starts on Ash Wednesday (Feb. 14 this year). The name Shrove comes from the old middle English word 'Shriven' meaning to go to confession to say sorry for the wrong things you've done. Lent always starts on a Wednesday, so people went to confessions on the day before. This became known as Shriven Tuesday and then Shrove Tuesday.

The other name for this day, Pancake Day, comes from the old English custom of using up all the fattening ingredients in the house before Lent, so that people were ready to fast during Lent.

The fattening ingredients that most people had in their houses in those days were eggs and milk. A very simple recipe to use up these ingredients was to combine them with some flour and make pancakes!

The custom of making pancakes still continues today, and in many U.K. towns and villages pancake races (where



Photo courtesy of Carl Court/Getty Images

people race with a frying pan while tossing a pancake in it!) and pancake tossing competitions are held on Shrove Tuesday.

In other countries Shrove Tuesday is known as 'Mardi Gras'. This means 'Fat Tuesday' in French and also comes from the idea of using up food before Lent. Many countries round the world have Mardi Gras celebrations and carnivals. Some of the most famous are in Rio de Janeiro in Brazil, New Orleans in the U.S.A., Venice in Italy and Sydney in Australia.

<https://www.whyehaster.com/customs/shrovetuesday.shtml>

A BIG THANK YOU to Anna Amaya and two of her Sunday School students, Marielle & Kaitlyn Dunn, for contributing to our Winter Bulletin Board in the Parish Hall. Their sparkly snowflakes were just the right touch to finish it off perfectly!



February Youth Retreat Scheduled



The Diocesan Youth Coordinators have announced a winter overnight spiritual retreat for youth grades 6 to 12. The retreat will take place during school winter break, Sunday to Wednesday, Feb. 18th-21st, at St. Margaret's House in New Hartford.

Please register at winter-retreat-2018.eventbrite.com.

In addition to registering, each participant must also complete, print and bring to the event a medical release form.

FEBRUARY 2018 FOOD \$ENSE MENU

Westside @ St. Mark's

Inquiries can be made at:

(315) 488-8511 or (315) 378-4908

Email: stmarkssyracuse@gmail.com

Facebook: [https://www.facebook.com/](https://www.facebook.com/StMarkTheEvangelistEpiscopalChurchSyracuseNewYork/)

[StMarkTheEvangelistEpiscopalChurchSyracuseNewYork/](https://www.facebook.com/StMarkTheEvangelistEpiscopalChurchSyracuseNewYork/)

February Package* \$20.50:

- Pork Tenderloin, 1.25 lbs. (avg.)
- Breaded Fish Fillets, 1 lb.
- Chicken Tenderloins, 1.25 lbs. (avg.)
- Polish Sausage, 13 oz.
- Salisbury Steak, 12 oz.
- Pierogies, 13 oz.
- Cheddar Cheese, 8 oz.
- Chicken Pot Pie, 7 oz.
- Sugar Snap Peas, 16 oz.
- Sliced Pears, 15 oz.
- Fresh Produce
- Fresh Produce

PLEASE READ:

We cannot hold food for you after the scheduled pick-up time. If there is a conflict, you may have someone else pick up your food for you. If you have any questions, please ask the volunteers when you sign up.

There are NO refunds or exchanges.
Any food NOT picked up on DEC. 20
will become a donation.

February Specials:

Breaded Shrimp: 3 lbs. for \$12.00 - The breaded shrimp contains 16-20 shrimp per pound.

Stuffed Chicken Breasts: 2 lbs. for \$7.00 - The chicken breasts are stuffed with apples and cranberries.

Produce Box: \$13.50 - The Produce Box includes apples (5), oranges (5), potatoes (5 lbs.), pineapple (1), grape tomatoes (1 pt.), cucumber (1), salad mix (1 bag), and carrots (1 lb.).

Onion Rings: 2.5 lbs. for \$6.00 - The onion rings are ready to cook and can be used in the oven or fryer.

American Cheese: 5 lbs. for \$10.50 - The sliced American cheese is not individually wrapped.

Meatballs: 5 lbs. for \$13.00 - The Italian meatballs are fully cooked and are in a five pound bag.

Macaroni & Cheese: 6 lbs. for \$11.50 - The macaroni & cheese is family-sized and a Stouffers' product.

What is Food \$en\$e??

What is it? Food \$en\$e offers the opportunity to stretch your food budget by purchasing quality food at a discount.

Who is eligible? EVERYONE is eligible to purchase food from Food \$en\$e. No donated food is used in this program. It's a buying club -- so there is no income requirement.

How does it work? It's Simple. Order and pay in advance at our site.

Cost is ALWAYS \$20.50 per unit. Multiple units may be purchased, and/or single specials — YOU choose!

Cash or EBT are accepted. No checks. (EBT customers must bring card and sign a voucher).

When can I sign up?

**Sundays, Feb. 4 & 11
10am –12 noon**

**Wednesday, Feb. 7
4-6 p.m.**

**Saturday, Feb. 10
10:30am—12:30pm**



STOP BY

St. Mark's

CLOTHES CLOSET

SATURDAY, FEB. 10TH

From 10:30 a.m. to 12:30 p.m.

Browse through men's, women's and children's clothing, shoes, jewelry, etc...



ALL FOR ONLY 25 CENTS PER ITEM!

The Green Café is open during Clothes Closet with a FREE light breakfast for shoppers!

**YOU MAY ALSO PLACE YOUR
FOOD \$EN\$E ORDER
AT THIS TIME!**

Pick-Up Date & Time:

Wednesday,

Feb. 21

12-2 P.M.

**The Church of St. Mark the Evangelist
Vestry Meeting Minutes
Monday, November 27, 2017**

Present: Father Adrian A. Amaya, Barry Guinn, Kathi Phillips, Gary Smith, Cherry Ottey, Julie Dunn, Nancy Morrison, Dennis Eberline, Debra Richardson
Clerk: Debra Denny

- 1. Call to Order:** Meeting called to order by Father Amaya at 7:04pm
- 2. Opening Prayer:** Fr. Amaya led the Opening Prayer.
- 3. Minutes from October Meeting – Nancy Morrison** moved the October minutes be approved as corrected; **Kathleen Phillips seconded. Minutes were passed.**
- 4. Treasurer Report:** Fr. Amaya presented the treasurer's Financial Reports for October 2017 as well as year-to-date.

5. New Business:

A. Evangelism Discussion: The Vestry was given some leading questions by Fr. Amaya to consider in order to help them reach out to and connect with the community, using techniques like shared experiences (bad or good) and recognizing the opportunities to open a conversation or perform a specific act. Fr. Amaya pointed out that realizing the results of conversations and/or acts performed may not be known for years to come - if ever - but kindness and Christian compassion is never wasted and can grow to unexpected heights as long as the first step of opportunity is made.

B. Visit by Bishop: Fr. Amaya handed out the Bishop's Visitation Guidelines and discussed expectations for her Dec. 3 visit. The formal procedure and responses will be in the bulletin for the congregation.

C. Special Christmas Concert: CNY Voices and Manna will present a "True Spirit of Christmas concert from 7-9 p.m. on Friday, Dec. 8, in the undercroft. Dessert will be served during intermission and a Love Offering will be taken up to benefit the ministries of the church. Cherry Ottey suggested there be a table with brochures and information for concert visitors regarding St. Mark, church events and missions.

D. Clothes Closet/Visit with Santa/Nativity Scene: There will be a Community Christmas Clothes Closet from 10:30 a.m. to 12:30 p.m. on Dec. 9. The event will include a visit with Santa, a story telling station for the reading of the Christmas story, free coats/hat/mittens table and every child will receive a cookie and a stuffed animal. The Green Café will also be open serving free refreshments. Food Sense sign-up will also be taken during this event.

E. Decoration of Sanctuary: Fr. Amaya noted that the Altar Guild suggested to Green the Church on the Third Sunday of Advent as the Fourth Sunday of Advent and Christmas Eve fall on the same day. The vestry suggested a compromise be made that the church be Greened but the altar maintain the Advent colors.

F. Brighton Towers Christmas Service: The Christmas Service for Brighton Towers is

tentatively set for Thursday, Dec. 21, at 7 p.m., weather permitting.

G. Stewardship Letter Follow-up: A follow-up letter will be sent out by Fr. Amaya to those who have not yet pledged.

6. Warden's Report – Barry Guinn reported that 20 Thanksgiving baskets were made up and given out to families of children at Porter and Frazier schools, some parishioners and community members and he noted the cost was within budget thanks to parishioner donations. He also indicated that an “Angel Tree” will be put up with names of children at Porter School for parishioners to furnish hats, mittens, gloves. The names will be given per social worker's discretion. Barry said the 2018 budget is complete and will be presented a week before the next Vestry meeting. He also reported a waiver was filled out with the Assessors office to have the cottage taken off the tax roll (it was demolished but not taken off the tax rolls) and that property be made part of the tax proper.

7. Rector's Report - Fr. Amaya announced that at least 75 people attended this year's Thanksgiving dinner.

8. Closing Prayer was led by Fr. Amaya.

Motion to Adjourn: A motion to adjourn the meeting was made by **Nancy Morrison**; and 2nd by **Gary Smith**. Meeting adjourned 8:36pm.

Next Executive Meeting: TBA

**The Church of St. Mark the Evangelist
Vestry Meeting Minutes
Sunday, December 24, 2017**

Present: Barry Guinn, Dennis Eberline, Nancy Morrison, Cherry Ottey, Gary Smith, Jim Oliver and Tommy Marzynski
Clerk: Barry Guinn

1. Call to Order: Meeting was called to order at 11:15 a.m.

2. New Business:

A. 2018 Budget: The 2018 Budget of \$226,258.86 was presented and discussed. **Dennis Eberline** moved to approve the budget; seconded by **Nancy Morrison**. The motion to approve the 2018 Budget was passed.

B. Housing Allowance: Fr. Adrian A. Amaya's annual Housing Allowance of \$22,000 was presented. **Cherry Ottey** moved to approve and it was seconded by **Gary Smith**. Motion to approve the Housing Allowance was passed.

Motion to Adjourn: A motion to adjourn the meeting was made by **Barry Guinn**; and seconded by **Jim Oliver**. Meeting adjourned 11:45 a.m.



St Mark the Evangelist Episcopal Church

1612 W. Genesee Street Syracuse, NY 13204

TO:

LET ALL
THAT
YOU DO
BE DONE
WITH
LOVE.

1 CORINTHIANS 16:14 NKJV

