



# THE WAY

THE NEWSLETTER OF  
ST. MARK THE EVANGELIST EPISCOPAL CHURCH  
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## Summer/Pentecost 2017

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**Mission Statement:** The Church of St. Mark the Evangelist is a community of faith sharing the love of Jesus Christ with one another and the world.

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### Service Times

**Sundays:**

**8 a.m., Contemplative Service**

+

**10 a.m., Family Service**

### AUGUST Only

**Holy Eucharist Service 10 a.m.**

**No 8 a.m. Service**

**Editor's Note:** While Fr. Amaya was on vacation, three of our lay leaders, Jim Oliver, Gary Neddo and Dana Marzynski, had opportunities to lead Morning Prayer and to offer a sermon. Here is one from Dana Marzynski about "rest" that is a sound reminder we probably could all use. Thank you, Dana, for graciously sharing your sermon in our newsletter for others to appreciate!

## God gives us the opportunity to rest...and we should take it!

I'd like to start this sermon by sharing my favorite statement from today's Gospel: "Come to me, all you that are weary and carrying heavy burdens, and I will give you rest." Rest. Ahhhh....doesn't that sound glorious? It does to me! I've told some of you how, very often, when I'm just waking up, one of my first thoughts is "What do I have to do today?", followed by "How soon can I get back to bed?" I kid you not!

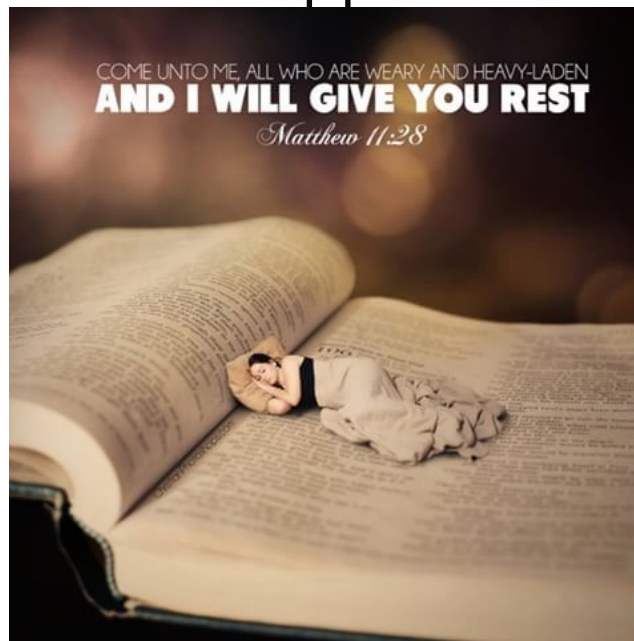
This is a good season to talk about this, at least in theory. Summertime is when many people take vacations, time away from work or everyday obligations to refresh and renew themselves. Just think of song lyrics like "Summertime, and the livin' is easy" or "Roll out those lazy, hazy, crazy days of Summer."

Unfortunately, for many people, myself included, the days of Summer (and other seasons for that matter) have become much more "Crazy" than "Lazy." For some people work obligations have expanded to a point where it can be hard to let go and separate from them. Whether or not you have outside jobs, many times family obligations or stress can be pulling you in all directions. People are needing to cram things into smaller windows of time, and sometimes more help is needed. And we all can be feeling stresses from events in the world; politics, terrorism, local shootings – I could keep going. The stress it puts on us can definitely keep us from getting rest.

Why all the focus on rest? With so many things going on in our lives, they can take our focus away from our faith. Many people are trying to control all aspects of their lives. When we don't get physical rest, it can prevent us from getting spiritual rest. It can be easy for us to forget who is ultimately in control.

I have to admit, part of what I love about the statement mentioned earlier from today's Gospel is the memories it invokes. It takes me as far back as being a teenager, and I loved when the older King James version of the statement was read during the Rite I Episcopal service. It was read every week. My twin Dale and I were the only acolytes serving on the altar for some time and we got to know it well; "Come unto me all ye who travail and are heavy laden, and I will refresh you." Shorter than today's version, but it was so profound. Even as a

teenager, (and not really used to using the older English), I can truly say we "got it." It really spoke to everyone there. The beginning of my truly feeling strongly about this saying wasn't terribly long after my mother died. I was 13 when that happened, so in many aspects of my life my burden may have been a bit heavier than some of the friends around me. To have some relief, the ability to trade "yokes" with someone, sounded intriguing. Especially with someone who's "yoke is easy and the burden is light"; this was an amazing opportunity.



The best thing is, this opportunity to follow that direction is always with us. Jesus never leaves us. We have a chance to get some relief, in different ways. In times of physical and/or emotional pain, or other times when we start feeling helpless, we can turn to our Father. I've been fortunate enough to have times when I did this and actually felt a difference. Not every time I've prayed for help, but I don't give up. Perhaps our physical being or situation won't quickly change; but we may be able to find relief knowing we're not facing things alone. Our burdens may still be there, but perhaps we can feel them get lighter.

Our ability to rest, to let go of other things, gives us the opportunity to tune in more to God. Hopefully we can feel better, and hear more of what He is saying to us. A very, very dear friend of mine (ahem.....Cherry) sends out little snippets every night, titled "Sweet Dreams." Most of them are one or two lines, with a beautiful illustration, but they sink in deeply. They remind us all to take our worries and give them to God; then we can truly rest. I have to admit many times, with running around, I don't see them until the next day (I know, I need take my own advice....I'm working on it.) But the brief messages aren't diminished. These help tremendously and remind us that we're never alone in our journeys, even if there's no one physically with us at the moment. And I hope all of you, if you didn't already realize it, take this message away with you.

By the way, in addition to that favorite line from the Gospel, I like thinking about how after 6 days, in completing the great creation God took a day of rest. Personally, I don't think He NEEDED to do that; I believe that, to use a term often used in Genesis, that He just thought that "It was good." One of the many wonderful gifts He gives us, is showing us this example.

~ Dana Marzynski



Attention Cursillistas!

CNY Ultreya meets on the  
3rd Wednesday of the Month  
at St. Matthews;

Liverpool, 7pm

*No July or August meetings.*

**Next meeting: Sept. 20th**



## St. Mark the Evangelist Goes to Frederick, Maryland July 2017



*“By wisdom a house is built, And by understanding it is established; (Proverbs 24:3).”*

Our mission trip was organized by Groups Mission Trip.

In 1976, Colorado sustained a catastrophic flood. The following year, Thom Schultz, founder of Group Publishing, organized church youth groups from across the country to come to Colorado and help rebuild the homes and lives of the flood victims. More than 300 teenagers and their youth leaders arrived in Colorado and worked on over 50 repair projects. As a result, Group Cares was established as the nonprofit partner of Group Publishing. Since then, more than 450,000 mission trip

participants have racked up more than 13 million volunteer hours serving people in need.

Forty years later, one constant remains true: Group Mission Projects strongly believes in providing opportunities for teenagers to grow closer to Jesus through serving others either in their own backyard or halfway across the globe. Group Missions believes that the Bible is the inspired, authoritative Word of God, that there is one God, eternally existent in three persons: Father, Son, and Holy Spirit, believe that in the deity of Jesus Christ, in his virgin birth, in his sinless life, in his death on the cross, in his bodily resurrection, in his ascension to the right hand of the Father, and in his personal return, and that people receive forgiveness of sins

and eternal life through Jesus. All that we affirm on a weekly basis when we say the Nicene Creed together at the celebration of the Holy Eucharist.

*"They also will answer, 'Lord, when did we see you hungry or thirsty or a stranger or needing clothes or sick or in prison, and did not help you?' 'He will reply, 'Truly I tell you, whatever you did not do for one of the least of these, you did not do for me (Matthew 25:44-45).'"*

In July, Father Adrian A. Amaya, Adam Amaya, Noah Howell, and Tate Lallier, joined youth and adults from Sts. Peter and John Episcopal Church; Auburn, NY and St. John's. Marcellus, NY as we traveled 352 miles to Fredrick, MD from Syracuse, New York all the while your beloved rector being subjugated to the worst music of youth culture known to exist. Thank God for Tate Lallier's request to listen to some of Camille Saint-Saëns' music between onslaughts of self-involved and misogynist rap and emo music.

When we arrived we at Tuscarora High School we were met by over 400 youth and adult leaders plus the Group Mission Staff whose job would be to organize worship, showers, sleep arrangements, meals, and more importantly organize the 63 work crews that would be going out to 55 plus sites of aged and impoverished people who needed help. It was a hodge-podge of Episcopalians, Methodists, Lutherans, Congregationalists, Non-Denominational, Baptists, Pentecostals, Roman Catholics, and Presbyterians coming together for a coming cause. Each youth group was broken up into a work crew mixed with adults and youth all from different churches and sent out to build wheelchair ramps and handrails, weatherize homes and trailers, reconstruct sagging porches and decks, perform significant exterior and interior painting projects, perform interior and exterior carpentry, and do other home repair projects that the homeowner couldn't otherwise complete (no plumbing nor electricity work though).

*"In all things, I have shown you that by working hard in this way we must help the weak and remember the words of the Lord Jesus, how he himself said, 'It is more blessed to give than to receive (Acts 20:35).'"*

We would wake at 6:45am and have breakfast at 7pm and spend the next hour getting ready the tools and food needed for our work crews if that



was our assignment. Early morning worship was at 8am with crews being sent out with 35-45 minutes later. Adam Amaya's work crew site was only 6 minutes away from the high school while my site was 30 minutes away at the edge of the Appalachian Trail. Noah, Tate, and Adam took the new responsibilities of being quartermaster, project reporters, food breakers, etc., essentially being the people that made sure everyone on site had the supplies and tools that they needed, that their crews were well fed and hydrated during their 6-hour workdays, and report the state of the projects themselves and how far along toward completion their various projects were. They scraped paint, did both exterior and interior paint, climbed ladders, replaced rotted decking and handrails, dug postholes, hand mixed concrete, and built and repaired things they thought they could not have ever done. At 3 pm, everyone broke for some showers,

some rest, some drama rehearsal for the upcoming evening's worship, some music rehearsal for the same, some naps and other downtime, some basketball until dinner. Worship followed dinner with all the "Jesus is My Boyfriend Music" they could muster until each youth group came together for hopefully a quiet and meditative time of devotion and reflection. Some more down time until lights out at 11pm and "wakey-wakey" time at

6:45am the next morning. Then, it all started again.

You could see the different aspects of the youth shine as they met new people. Noah's constant willingness to try new things, Tate's true enjoyment of meeting new people, and Adam's sense of quiet caretaking of self and then saying that one thing that unravels everything else was interesting to see in the push and pull that was 400 teenage boys and girls gathered together en masse for a common cause.



Tate Lallier wrote, *"It was a fantastic experience. One thing that was different was that people accepted you there. It was really fun seeing everybody from different states and it was wonderful knowing that I was helping someone else out."*

And Adam A. Amaya wrote, "My week in Maryland was very promising, and it brought a smile to my face to see all the work my group had accomplished in our short time together. My group's resident was very welcoming. She even joined us for prayers before lunch. The best part of the mission trip was just talking with our resident. It was interesting to talk to her about her childhood and how she fished and how she played pool. Learning to paint was a different task and one that I was not familiar with. The painting went well for the most part and it is comforting to know that if I ever need to paint a room it wouldn't be as confusing. During the trip, there were several youth groups from Auburn and Marcellus as well as our own and it was a good experience to talk to with them every night about how we saw the Lord in the day's work. This gave me a new perspective on how God can show up in our everyday life it was also nice to hear from new people who I have never met, or did not know that well. Overall the trip was a great experience and I look forward to the experience next year."



One of the funniest stories was that my group had at least one project where we had to build hand-

rails bordering some very large stone steps which meant clearing landscaping, digging postholes, hand mixing cement, setting the posts, cutting, nailing, and then, wood-screwing the rails and supports, and then sanding. First, the postholes. We shoveled down several inches for each posthole site then started using a 60-70 pound digging tool to break up hard-packed earth, unearth stone, tear up roots, and pulverize concrete before bringing the posthole diggers to the fore. All of this was physically exhausting work but after 2 ½ days handrails looked fantastic. During the end of our large group worship programs, the question was asked if "Anyone had had a 'God-Sighting' and the adult of another crew stated that they had to build handrails and dig postholes so they went to Home Depot to rent some gasoline powered augers..."

I turned to my crew, incredulous, and said, "You can rent stuff?!" After that I heard nothing else. I missed what they said had been their "God-Sighting."

*"My command is this: Love each other as I have loved you (John 15:12)."*

By the way...didn't see any atheist groups refurbishing houses, painting, building wheelchair ramps, or even collecting food on behalf of the community. Never do...

*~The Reverend Adrian A. Amaya*



## Latest Food Pantry Needs

*Thank you all for your generous donations in support of this important ministry*

### Most Urgent (Out of/almost out of):

**Peanut Butter**

**Jelly**

**Canned Stews or Hashes**

**Canned Pasta (like Chef Boy-R-Dee)**

**Pudding Cups**

**Canned Carrots**

**Boxed Pasta**

**Gravy**

**Powdered Drink Mixes**

**Mac and Cheese** (Yellow box/

*Complete kits preferred. The blue box versions require milk and butter, which some folks don't have. All that's needed with the Yellow boxes is water.)*

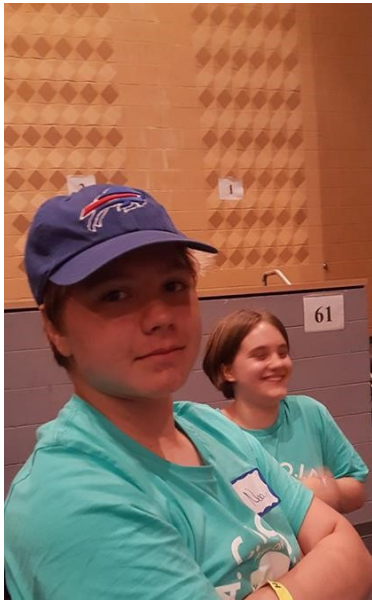
**Rice**

**Condensed Chicken Noodle Soup**

*(like Campbell's)*

*NOTE: We do not need any more Canned Peas at this time*

# St. Mark the Evangelist Mission Trip July 2017



## St. Mark the Evangelist/Porter Elementary Celebrate 20th Year — Porter Seeking Tutors

This fall, we will be celebrating our 20th anniversary of the St. Mark/Porter partnership, likely the longest running active partnership with a city school and the first one to have been faith-based rather than business based.

This summer, I met with the Principal Jennifer King-Reese and vice principals, Jessica Gauda-Lane and Sondra Bergquist. We met in the Undercroft and as Jennifer and Sondra are new to Porter and Jessica, new to her role as VP, it was a very fruitful meeting. They are enthusiastic about the possibilities for our relationship.

One of their major interests was the possibility of finding tutors to come to Porter and work with individual students as we did “back in our youth.” I explained that our own congregation has largely “aged out” but that we would scour the other area Episcopal congregations and the Diocese to find a few.

The requirements are simple, to agree to work for one or two hours one day a week with individual students, developing a relationship with the student as they go.

If you have an interest or know of someone who might, please contact Deb in the office at 315-488-8511 or through email at [stmarkssyracuse@gmail.com](mailto:stmarkssyracuse@gmail.com) with their names and contact information. Someone from Porter will then contact them with answers to their questions.



## BACK-TO-SCHOOL YARD SALE

**When: Saturday, August 26, from 10:30 a.m. to 12:30 p.m.**

**Where: St. Mark's lawn, weather permitting**

**All items for sale are for school-aged children**

**Only 25¢ PER ITEM !!**

**VOLUNTEERS WILL BE NEEDED AND APPRECIATED. PLEASE CONTACT CHERYL OR GARY NEDDO OR SIGN UP ON THE SHEET ON THE BULLETIN BOARD IN THE PARISH HALL!**



**The Clothes Closet will reopen Sept. 9**

**10:30 a.m. to 12:30 p.m.**

**All clothing items are 25¢ and there will be a**

**FREE Children's Book table**

**The Green Café will also be open during this time and is FREE!**



***The Clothes Closet is open on the second Saturday of each month—Closed July & August.***

***Volunteers will be needed between 9:45 a.m. and 1 p.m. +/-***

***There is a sign-up sheet in the Parish Hall***



# St. Mark's Annual School Drive is under way!

Summer is flying and it is already time for our annual School Supply Drive for Porter School! Below are the list of supplies for the 2nd and 3rd grades. If you would like to make a donation; we will be glad to shop for you. The money can be given to any Mustang member.

We will be filling back packs on **Sunday, August 27th**, after church, so donations would be appreciated by **August 20th**.

Thank you in advance for your donations, The parish always comes through for us and the kids. The Vice Principal of Porter school, Sondra Bergquist was at the last Sundaes on Fridays event and expressed her appreciation for the filled backpacks.

## 2nd Grade

Book bag/backpack with name inside large enough to carry belongings to and from school (no wheels)  
Three (3) Boxes of #2 pencils (basic yellow)  
Four (4) Erasers (PaperMate, large pink)  
Three (3) Boxes of 24-count Crayola Crayons  
Bottle of Glue (white)  
One pair of Children's Fiskar scissors  
Small plastic box to hold the above supplies in their desk (no larger than 6" X 9")  
Six (6) Large glue sticks or 12 small glue sticks (for the year)  
Two (2) Large boxes of tissues to share with the class as needed  
Container Clorox disinfecting wipes  
Bottle of hand sanitizer  
Two (2) Composition Notebooks (primary to draw and write)

## 3rd Grade and Mrs. Clark's class

Book bag/backpack with name inside large enough to carry belongings to and from school (no wheels)  
Five (5) Black and white composition notebooks (wide rule) No spiral or 3-subject notebooks.  
Five (5) Glue sticks  
Three (3) Packages of dry erase markers  
Two (2) boxes of tissues to share with the class as needed (Kleenex)  
Five (5) Folders (different colors)  
One (1) Box of crayons  
One (1) Box of markers  
One (1) Box of colored pencils  
Fifty (50) #2 pencils (Mechanical pencils are BANNED)  
Three (3) Packs of erasers  
**Boys:** One (1) pack of Clorox wipes  
**Girls:** One (1) pack of plastic sandwich bags



One of our other customs in our partnership with Porter School is to provide the social worker &/or the nurse with socks and underwear for student emergencies. If you are school shopping for children, grandchildren or other kids, please keep this need in mind. The underwear can be sizes 6-10 and the socks can be almost any sizes for children. As always, these emergency packages are appreciated. Please leave items in Parish Hall and I will deliver them to Porter School in September.

*Thank you, Joan Green*

# 'A Ghost Story' is a Haunting Ode to the Privilege of Witness

*David Lowery's superb supernatural drama offers a God's-eye perspective on the intimate and the infinite.*

Surfaces turn, find their places. In time,  
The rhythm could not be simpler.

—David Wright, "Altar Piece"

The desire to leave a record of ourselves is among the most reliable of human impulses. From cave paintings to monuments to grave markers, we want to make sure that people will remember us, that some part of ourselves will remain for future generations to observe. In the digital age, this impulse manifests itself in petabytes upon petabytes of internet text, photos, and videos, all secreted away within hard drives or invisibly navigating the Wi-Fi-saturated air. We document personal events for the benefit of presumed audiences—friends, descendants, even a future version of ourselves. Accumulate enough such recordings, and the shape of a life begins to reveal itself.

Of the many reasons to treasure David Lowery's new film *A Ghost Story*, one of the biggest is the way it outlines the shape not just of one human life, but of human life in general. With its round-cornered, boxy aspect ratio—familiar to anyone who's ever used a slide projector or watched a home video on Super 8 film—*A Ghost Story* offers us a cosmic home video of sorts. The lives of one married couple fold into the lives of the people who come after them, which then fold into the eternal, which in turn encompasses and contextualizes the lives of the husband and wife we started with.

This may sound like the concept for an abstruse philosophical epic, but the miracle of Lowery's film lies in how it teases out these connections through the simple act of observation. Under the patient gaze of Lowery's camera, the ordinary becomes extraordinary, and vice versa. The cosmic and the

commonplace are woven into a single fabric, like the white sheet that shrouds the eponymous ghost.

This ghost belongs to a man (played by Casey Affleck and identified only as "C" in the end credits) who, early in the film, is killed in a car accident and separated from his wife, "M" (Rooney Mara). Returning to their house as a specter, C becomes an observer of everything that happens there. At first, he merely watches M carrying on with her life, but as a spirit with one foot in eternity, his grasp of the sequential progression of moments and days slackens. He is tethered to a place but not to time. People come and go. Structures rise and fall around him. The ghost maintains the steady rhythms of his vigil regardless.

Lowery is keenly attuned to the cinematic possibilities inherent in these rhythms. The Russian master Andrei Tarkovsky wrote in his memoir that filmmaking is the art of "sculpting in time," that finding certain visual rhythms flowing through each shot can result in entirely new ways of experiencing the time's passage. Tarkovsky favored lengthy shots rather than the quick cuts of montage to give shape to the temporal: "It is rhythm, and not editing, as people tend to think, that is the main formative element of cinema. ... Rhythm in cinema is conveyed by the life of the object visibly recorded in the frame."

Lowery seems to have taken this philosophy to heart in his film. Again and again, he lingers on activities and events long after another director might have cut away. In the film's most buzzed-about scene, the camera holds steady on Mara as her sorrow-stricken character devours nearly an entire pie in one go. The shot lasts for minutes on end, and the effect is hypnotic. It asks us to dwell with M in her desolation, not permitting us to skate over the surface of these feelings or to skip ahead once we've "gotten the point." We must bear witness to the full measure of her grief, feel its rhythms.

Indeed, "bearing witness" is the motif that animates the entire film. During the pie scene, C's ghost is visible in the background of the shot, motionlessly watching. His presence—unobtrusive but constant—mirrors our own as the audience. Lowery's camera acts like a second ghost throughout the film, gliding through the house and possessing its own personality. (A telling moment early on has the camera contemplating the starry blackness of space before the sound of a slamming door snaps its attention back down to earth level.) With its



Image Courtesy of A24



Photo courtesy of A24

lengthy shots and its freewheeling portrayal of the passage of time, the film invites the question “Why am I seeing all this?”—and the answer that eventually suggests itself is what makes *A Ghost Story* the best film of 2017 thus far.

For such a succinct film, *A Ghost Story* depicts a kaleidoscope of human experience in its 90-minute running time. This is not just a story of bereavement or yearning. Mara’s character leaves the picture about halfway through, and the groups of people who pass through the house after her have their own stories. The ghost observes them all—and so do we:

We see a single mother and her two children build a cozy home together. Their scenes are entirely in Spanish without subtitles, but Lowery’s visual storytelling is so crisp and assured that it makes no difference. (It helps that the English dialogue, too, tends to take a back seat to the visuals elsewhere in the film.) The family’s love for one another and the difficulties the mother faces in holding everything together are palpable.

We see the ghost of another person in the house next door to C’s. She is haunting this home as she awaits somebody’s return. When asked whom she is waiting for, she can only reply, somewhat heart-breakingly, “I don’t remember.”

We see a tipsy, self-satisfied philosopher at a house party, holding forth about his ideas concerning the meaning of existence. It’s the only time in

the film where a character is permitted to expound at length on Big Questions, but his monologue is glib and his conclusions hollow. It is only human to presume that there are exactly as many things in heaven and Earth as are dreamt of in our philosophy, though the ghost has no patience for such pontificating (he interrupts the pseudo-intellectual’s speech by causing a light bulb to flare and pop).

These and other stories flit briefly across the screen, lingering for only a scene or two before passing on. They bring to mind Psalm 144: “[People] are like a breath; their days are like a fleeting shadow.” Far from seeming inconsequential, though, these vignettes have the cumulative effect of stoking the audience’s wonder at the phenomenon of humanity’s persistence down through the years. Individually, people are small and limited (“Lord, what are human beings that you care for them?” the psalmist asks). So why does Lowery’s little “home movie” feel so large and full?

Tarkovsky offers a clue. He writes, “[Time] becomes tangible when you sense something significant, truthful, going on beyond the events on the screen; when you realize, quite consciously, that what you see in the frame ... is a pointer to something stretching out beyond the frame and to infinity; a pointer to life.” In other words, the simple act of paying close attention reveals complexities be-

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film points us to God. It seems fitting because God, too, is a witness—or perhaps it's more proper to say he is the witness. If we believe that God sees everything that occurs on our planet and within our hearts, then a film that portrays both the vastness of time and the intimate specificity of individual lives would seem to offer a tiny glimpse of that God's-eye perspective.

So to return to that the question from earlier—Why am I seeing all this?—the answer seems obvious: Who wouldn't want to take on that perspective for just a couple of hours, to patiently observe and, in so doing, draw out hidden mysteries and beauty? A Ghost Story gives us the gift of adopting that gaze, if only temporarily. A fine gift it is.

*Kevin McLenithan is a writer for Christ and Pop Culture who has also contributed to ThinkChristian and to the Chicago International Film Festival, and he currently co-hosts the film and television podcast Seeing and Believing. He works as a writer and editor in the Chicago area.*



## CIRCLE V NEWS

**Just a reminder** that the rest of the meetings for the group will be: Oct. 5th, and for the Christmas luncheon, either Dec. 7th or the 14th. All of those dates are on Thursdays, and the times will be noon. As always, bring your own lunch, drinks and desserts will be provided. Hostesses (the dessert bringers) for those months are (October) Sally T. and Ethel A., and (December) Barb W. and Nancy M.

**The personal care bags** given with the food pantry items need some replenishing, particularly the men's items: shampoo, toothpastes and brushes, bar soap, feminine products, deodorants (men's and women's), baby oil, razors (men's and women's), washcloths, shaving creams, tissues, toilet paper, combs, hand sanitizers. We are also collecting personal care items for children like bubble bath, toothpaste and toothbrushes, soaps, hair accessories, etc.

*Join us for the final 2017*



# 'SUNDAES ON FRIDAYS'

## September 8 6-8 PM

*Enjoy neighborhood  
company while savoring  
Byrne Dairy  
Ice Cream Sundaes  
with your favorite fixings...*

### For just \$1.00!



**YOU MAY ALSO PLACE YOUR  
FOOD \$ENSE ORDER  
AT THIS TIME**

## **Mustang Retreat**

The Mustangs have a women's retreat planned for Friday, Sept. 22 through Sunday, Sept. 24, at

St. Margaret's House in New Hartford and there is room available for women who are interested in attending. The cost is \$115 and partial scholarships are available. Please contact Debra Richardson at 315-395-4203 for more information.



## **UNDERCROFT FURNISHINGS MEMORIALS**

As you may recall a year ago we invited you to make a memorial donation honoring your loved ones in the form of the new furnishings in the Undercroft.

A plaque has been designed and updated to reflect the early donors. Some of the listings are for deceased parishioners by their loved ones. Others are from parishioners in thanksgiving.

**Pat Walmsley in memory  
of Clere Walmsley (1943-1991)**

**Otis Stuart**

**Marian Williams**

**Barry & Marilyn Guinn**

**Ron and Madeleine Bort in memory  
of Frank & Maude Walter**

**Dennis & Jacalyn Eberline**

**Jim & Kitty Miller**

A number of the furnishings are still available to be named or you may make a general donation. Be sure to specify the names and dates of the person(s) to be memorialized.

Checks may be made payable to St Mark's and earmarked "Undercroft Furnishings."



## Cans & Bottles

# Bottle & Can Drive Update

**Overwhelming! Spectacular! Amazing!** These are just three words that can be used to describe the donation of cans and bottles so far. More than 1,000 cans and bottles have been returned to the redemption center. Every returnable can and /or bottle is worth \$.05 and the funds in the account are slowly rising. We will continue to collect and redeem all bottles and cans that are

brought to church or placed in the bins.

Many of the donations have been made anonymously and just placed in the collection bins. However, we would like to recognize specific people for their donations. These people/families include David Cook, Sally Tullar, Dana Marzynski, Bob Kraushaar, Barry and Marilyn Guinn, Karen and Mike Ward and the Amayas. We thank you for your generous spirit. Also, a huge thank you goes out to our sexton, Phil, for his efforts in bagging and storing the cans and bottles.

There are two collections bins available for recycling. There is one in the Undercroft and one by the door going up to the Parish Hall. As the summer is slowly slipping away from us, the St. Mark's Youth Group will continue their collection and redemption. There are a few options available for you. You may bring them directly to church or you may contact Phyllis Honsinger at (315) 214-9847 for pick-up service at your home. Also, the redemption center that has the account is located in Western Lights Plaza. You can bring them there and just ask for the amount to be added to the account for **St. Marks.**

We thank you for your past donations and look forward to your future donations. Please let us know if you need any assistance.

*St. Mark the Evangelist Youth Group*



## **BOTTLE AND CAN COLLECTION to benefit the Youth Group at St. Mark the Evangelist Church**

Bring your empties to church and place in the collection bin or to schedule a pick-up call Phyllis Honsinger (315) 214-9847

# Ministry Schedule:

## AUGUST 2017

	<b>6th</b>	<b>13th</b>	<b>20th</b>	<b>27th</b>
<b>LECTORS</b>	Ethel A. Pat D. Carol G.	Bob K. Kaley R. Sally T.	Tommy M. Jim M. Kitty M.	Nancy M. Adam A. Forrest A.
<b>CHALICE BEARER</b>	Dana M. Ethel A.	Jim M. Nancy M.	Pat D. Ethel A.	Jim O. Gary N.
<b>GREETERS</b>	Phyllis H. Bob K.	Jackie E. Phyllis H.	Phyllis H. Ernestine L.	Marie B. Bob K.
<b>USHERS</b>	Marie B. Jim M.	Gary N. Pat D.	Jackie E. Jim M.	Pat D. Jim M.
<b>PRESENTER OF THE GIFTS</b>	Joan G. Jackie E.	Anna A. Bill Z.	Dana M. Gary N.	Marilyn G. Sally T.
<b>ALTAR ASSISTANT</b>	Alex A.	Annette S.	Forrest A.	Phyllis H.
<b>ACOLYTES</b>	Tate L. Stefania M. Adam A.	Marie B. Noah H. Hendrik L.	Adam A. Alex A. Marie B.	Noah H. Tate L. Alex A.
<b>V.P.O.D.</b>	Gary S.	Dennis E.	Debra R.	Kathi P.
<b>ALTAR GUILD</b>	Joan G. Kitty M. Forrest A.	Ernestine L. Barb W. Anna A. Dana M.	Joan G. Kitty M. Forrest A	Marilyn G. Ethel A. Sally T.

## Openings for Sanctuary Lamp and/or Altar flow-

There are openings for the Sanctuary Lamp for

**Aug. 20th, Aug. 27th, & Oct. 29th**

There is an opening for the Altar Flowers

**Aug. 27th**



*If you would like one of these, please contact Joan Green at  
jgreen01@twcny.rr.com or call her at 315-652-3350.*

## A Recipe You'll Love: Baked Lemon Pepper Flounder



*Serves four*

### Ingredients:

- 1 lb. flounder fillets\*
- 2 tbsp. grated lemon peel
- 1 tsp. black peppercorn, crushed
- 2 cloves garlic, minced
- 1 tsp. of salt
- 1 tbsp. olive oil
- Cooking spray

### Directions:

1. Preheat oven to 425F.
2. Combine the grated lemon peel, olive oil, peppercorn, salt, and garlic in a medium bowl.
3. Place flounder fillets on a jelly roll pan or baking dish coated with cooking spray.
4. Rub lemon-garlic mixture evenly over fillets.
5. Place in preheated oven and bake for 8-10 minutes or until fish flakes easily when tested with a fork.
6. Serve with lemon wedges. Enjoy!

\*Ingredient in Food \$en\$e package

## SEPTEMBER 2017 Menu

### Westside

### FOOD \$EN\$E

### @ St. Mark's

Inquiries can be made at:

(315) 488-8511 or (315) 378-4908

Email: [stmarkssyracuse@gmail.com](mailto:stmarkssyracuse@gmail.com)

Facebook: [https://www.facebook.com/  
StMarkTheEvangelistEpiscopal-  
ChurchSyracuseNewYork/](https://www.facebook.com/StMarkTheEvangelistEpiscopalChurchSyracuseNewYork/)

### Sept. Package\* (\$20.50):

- Chicken Kabobs, 1 lb.
- Italian Meatballs, 1 lb.
- Shrimp Scampi, 24 oz.
- Italian Sausage, 1 lb.
- Tilapia Fillets, 1 lb.
- Mozzarella Cheese, 16 oz.
- Spaghetti, 1 lb.
- Spaghetti Sauce, 26 oz.
- Frozen Broccoli, 16 oz.
- Frozen Melon Mix, 16 oz.
- Fresh Produce Item 1
- Fresh Produce Item 2



## **When can I sign up?**

**Sundays, Sept. 10 & 17  
10am –12 noon**

**Wednesday, Sept. 13  
6-8 p.m.**

**Friday, Sept. 8  
6-8 p.m.**

**Saturday, Sept. 9  
10:30 a.m.—12:30 p.m.  
OR**

**When you pick up your order  
(Saving you an extra trip!)**

**Cash or EBT are accepted. No checks.**  
(EBT customers must bring card and sign a voucher).

## **What is Food \$en\$e??**

**What is it?** Food \$en\$e offers the opportunity to stretch your food budget by purchasing quality food at a discount.

**Who is eligible?** EVERYONE is eligible to purchase food from Food \$en\$e. No donated food is used in this program. It's a buying club -- so there is no income requirement.

**How does it work?** It's Simple. Order and pay in advance at our site. **Cost is ALWAYS \$20.50** per unit. Multiple units may be purchased, and/or single specials -- YOU choose!

## **September Specials:**

**Stuffed Pork Chops:** 2 lbs. for \$7.00 -

The pork chops are stuffed with apples and cranberries.

**Meatloaf:** 2 lbs. for \$6.75 - The meatloaf is a traditional meatloaf made with 100% ground beef.

**Chicken Drumsticks:** 5 lbs. for \$4.25 - The chicken drumsticks are in a 5 lb. bag and are not individually frozen.

**Breaded Shrimp:** 3 lbs. for \$12.50 - The breaded shrimp contain 16-20 shrimp per pound.

**Protein Box:** \$13.25 - Chicken leg quarters (4 lbs. avg.), salmon fillets (1 lb.), breakfast sausage (1 lb.), beef sandwich steaks (10.5 oz.), and fresh eggs (1 doz.).

**Mozzarella Sticks:** 2 lbs. for \$6.00 - The mozzarella sticks are par-cooked and for the oven or fryer.

**Macaroni & Beef:** 5 lbs. for \$14.00 - The macaroni & beef is family-sized and a Stouffers' product.

## **Pick-Up Date & Time:**

**Wednesday, Sept. 27**

**12pm-2pm**



# Hazard Branch Calendar

**Onondaga County Public Library August 2017**

1620 W. Genesee St., Syracuse, NY 13204 • 435-5326 • www.onlib.org

Hours: Monday, Wednesday, Friday, Saturday 9 - 5 Tuesday and Thursday 9 - 7:30

## Summer Learning Program: Build A Better World

"Build A Better World" is open to preschoolers through students entering 6th grade. Children may read independently or have books read to them by parents or caregivers. The program includes weekly special events as well as incentive awards for each reader. Register today!

## For Toddlers

### Toddler Summer Storytimes

**Wednesdays, August 2 and 16, 10:30 a.m.**

Join Miss Lauren each week for stories, songs, crafts and more designed for toddlers. August's themes include: August 2 ocean animals; and August 16 ice cream. For ages 2-3. All children must be with a guardian and siblings of all ages are welcome to join.

## For Children

### Walk-In! Create It!

**All day, all month long!**

Stop in to our children's area and make a craft on your own. There will be a new craft featured each week! For ages 5-12.

### Make Stop-Motion Animation

**Thursday, August 3, 2:30 p.m.**

Create your own short animated movie with our fun stop-motion iPad cameras! Please register in advance for this program at (315) 435-5326. For ages 6-12. *Made possible in part by a state grant secured by Senator John A. DeFrancisco.*

### Children Summer Storytimes

**Fridays, August 4 and 18, 10:30 a.m.**

Join Miss Lauren each week for stories, songs, crafts and more! This summer's themes include: August 4, ocean animals; and August 18, ice cream. For ages 3-5. All children must be with a guardian and siblings of all ages are welcome to join.

### Paws and Books

**Saturdays, August 5 and 19, 10:30 - 11:30 a.m.**

Enjoy reading a story to Cooper, a trained, lovable dog certified as a Canine Good Citizen. For ages 5 - 12.

### Cubelets Challenge

**Saturday, August 5, 2:30 p.m.**

Cubelets are magnetic robot blocks that snap together to make an endless variety of robot toys. Can you complete all 10 challenges before time runs out? For ages 5- 12.

## Rigamajig

**Thursday, August 10, 2:30 p.m.**

Make some great life-sized contraptions with this large scale building kit of wooden planks, wheels, pulley, nuts, bolts, and rope. For ages 6-12.

## Final Party!

**Thursday, August 17, 2:30 p.m.**

It's the grand finale of Summer Learning with games, prizes, crafts, pizza, and fun! Please register in advance for this program at (315) 435-5326. For ages 5-12.

## For Teens

Follow us on Twitter @hazardteens!

### Summer Learning Challenge

"Make Your Summer@Hazard Branch" is open to students entering 7th grade through 12<sup>th</sup> grade.

#### How does it work?

1. Sign up to join the program at your local library or online.
  2. Read books, attend special programs, help out, and have fun.
  3. Talk to or e-mail your librarian or log on to report on your books.
- Earn digital badges and show off your skills and achievements on your social media network. Sign up today!

## For Children:

### Solar Eclipse Party!

**Monday, August 21, Noon - 4:00 p.m.**



We're hosting an afternoon of family fun as we observe the Total Solar Eclipse! At 12:00 p.m. we will have a storytime for children, followed

by crafts, activities, snacks, and of course – the eclipse! We will be live streaming NASA's Eclipse Megacast starting at 1:20 p.m. as well as making our own eclipse viewers to observe this exciting event! For ages 5 and up.

## For Teens - *continued*

### **Hula Hooping with Dawnmarie** **Wednesday, August 2, 2:00 p.m.**

Learn the basics in hooping with Dawnmarie Raymond. She will be teaching some easy hoop skills, playing games, and showing us how to dance with the hoops.

### **Final Summer Learning Party!** **Wednesday, August 9, 2:00 p.m.**

Join us for the Make Your Summer final party with pizza and games! Everyone is welcome but teens who have participated in other Make Your Summer programs will have a chance to win some excellent prizes!

### **Crafter's Corner: Duct Tape Projects** **Saturday, August 12, 2:00 p.m.**

Using duct tape as "fabric", we are going to be making wallets, flowers, bags, pencil cases – or anything you can imagine! All supplies will be provided.

### **Book-a-Librarian: Teen Edition**

Heading to college soon or looking for a great first job? Sign up for a one-on-one session for help with filling out college applications or applying for a job. Get help with cover letters, college admission essays, building a resume or anything else that you might need. Call (315) 435-5326 for an appointment with Shauna. For ages 13-19.

## For Teens and Adults

### **Computers for Beginners** **Wednesdays, 10:00 a.m.**

One-on-one instruction on Internet searching, word processing, e-mail and more is available by appointment. Please call Jennifer at (315) 435-5326.

### **Job Search Help By Appointment**

Need help finding a job? Applying online? Creating a resume? Call Jennifer at (315) 435-5326 to make an appointment.

### **Book A Librarian By Appointment**

Help with ebooks, laptops, smartphones, iPads™, Word, Excel and more. For an appointment call Jennifer at (315) 435-5326.

## For Adults

### **Survive and Thrive Job Seeker's Series-** **Applying Online for Jobs**

**Tuesdays, August 8 and August 15, 2:00-3:30 p.m.**

Overwhelmed by the thought of applying for jobs online? This information session will provide tips on how to make the application process easier and less stressful. Please register in advance by calling (315) 435-5326.

### **Save the World a Little Each Day** **Monday, August 14, 2:00-3:00 p.m.**

Theresa Evans from OCRRA will present a program on how to reduce waste and help preserve our natural resources. Learn how to compost unwanted food scraps and yard waste into materials that keep landscapes and gardens healthy and beautiful.

## For Everyone

### **Hazard Branch Chess Club**

**Thursdays, August 3, 10 and 17, 5:00 – 7:00 p.m.**

Play chess against other enthusiasts, or come learn rules of the game! We will provide game boards and pieces. For all ages but children 12 and under must be accompanied by a parent or guardian.

### **Hazard Branch Knitters Club**

**Saturdays, August 5, 12, 19 and 26, 9:30-11:30 a.m.**

Hazard's group for knitting, crocheting, and needlepoint meets every Saturday. Beginners and advanced knitters are welcome. Bring your own supplies and share knitting knowledge with your peers!

### **Hazard Branch Ongoing Book Sale**

Browse a selection of donated adult and children's books and media items we have for sale every day throughout the year. You're sure to find something you'll like and at a bargain price! All proceeds benefit the library.



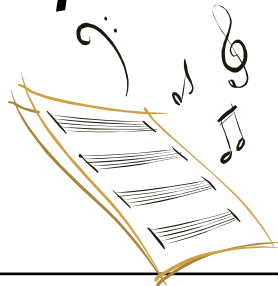
Look for Hazard Library -  
Onondaga County Public Library System

*Please advise the Onondaga County Public Library at least five days in advance should you need a sign or other language interpreter, an assistive listening system, or any other accommodation to facilitate your participation at an event.*

*Mark Allnatt, a Program Title VI Coordinator for OCPL, can be contacted by telephone at (315) 435-1876 or by e-mail at mallnatt@onlib.org for more information.*



# Cheerful Notes



**J**n our Morning Prayer Service on Sunday, July 23, 2017, Cherry and I sang a duet version of Joseph M. Martin’s anthem, *The Question*, based upon Psalm 8. Our choir will also be singing the piece during our ministry season, which begins in early September.

This piece is particularly dear to my heart, not only because Psalm 8 is one of my favorite Psalms, but because of the circumstances surrounding Joe Martin’s composition of this anthem and his first presentation of it before some 300 choir directors at “Music in the Valley,” in Hanover, PA, in January of 2010 (one month before I became your Music Director and Organist at St. Mark the Evangelist Episcopal Church)!



“Music in the Valley at St. Matthew Lutheran Church in 2010.

“Music in the Valley” is an annual day-long festival sponsored by Shawnee Press (originally founded by Fred Waring), in which choir directors from up and down the Eastern Seaboard meet in the large and beautiful St. Matthew Lutheran Church to sight-read more than 100 new sacred choral pieces. The singing is conducted by several composers of those anthems and accompanied by them on St. Matthew’s huge Austin Pipe Organ and/or their Steinway grand piano.

It is the finest one-day event of its type that I have experienced. In every choir season at St. Mark’s you will hear a few anthems I have discovered at “Music in the Valley.”

In the year 2000, Mr. Martin had introduced his difficult and ethereal, “Contemplation on Psalm 8.” The lyrics of the piece are familiar to most of us who have pondered them, as did David, the psalmist: **<sup>1</sup> LORD, our Lord, how majestic is your name in all the earth! You have set your glory in the heavens.<sup>2</sup> Through the praise of children and infants you have established a stronghold against our enemies, to silence the foe and the avenger.<sup>3</sup> When I consider your heavens, the work of your fingers, the moon and the stars, which you have set in place,<sup>4</sup> what is mankind that you are mindful of them, human beings that you care for them?**

The morning session of the 2010 “Music in the Valley” ended with Joseph Martin directing “The Question,” which he has set as a duet between our Abba Father, and mankind, His greatest creation. In the piece God and we ask questions of each other, and then God lovingly tells us just how mindful He really is of us, for whom He gave his only Son! It is a duet of great love!

Many of us who were singing the piece for the first time that day choked up with wonderment and love more than once; and when the last chord of the piece was sung and played, I made a bee line for backstage, where I found Joe Martin reclining on a couch, conserving his energy for the afternoon session. I said, “Joe! You have written a beautiful sequel to ‘Contemplation on Psalm 8!’” He told me that he had done it almost against his own will, but that a very persistent church group had asked him to write it for an anniversary celebration. Joe told them that he had already written a piece on Psalm 8, and in doing so, thought he had said everything there was to say. He begged the church to consider some other Scripture for their piece. The church representative said no! He told Joe that they had prayed fervently about the piece that was to be composed, and that God had told them it was to be Psalm 8! Joe reluctantly said that he would pray about it, but still doubted that he could say anything more in music about that Psalm. He then



**Joseph Martin**

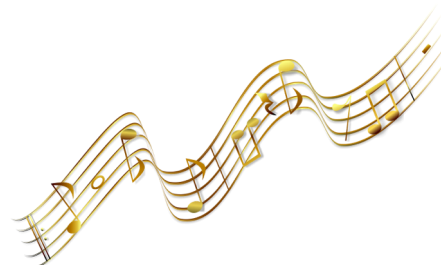
prayed!

Joe told me that two or three nights later he awakened suddenly in the wee hours of the morning seeing the piece before his eyes as if God was unrolling a scroll! Joe jumped from his bed and wrote it all down!

I ordered the piece that day for The Master’s Touch Chorale to sing! After we had learned it and performed it about four times, I realized that I had never looked up the church who had faithfully prayed and commissioned the piece. To my wonderment, I read that the piece has been written for the 300<sup>th</sup> Anniversary of Great Valley Presbyterian Church of Malvern, PA, a church where I was a grateful member for about 20 years! I immediately understood Joe’s story about them not taking no for an answer because God had clearly led them! While I at Great Valley I saw that type of thing happen! I was very moved and blessed, as I trust you all will be when you hear the piece at St. Mark’s this year. You, too, are dearly loved by our Abba Father!



*From Your Director of Music,  
Warren Ottey*



## Treasury Report—July 31, 2017

“Income and Expenses are pretty well in line with what was expected except that expenses are down which has resulted in our deficit being lower than it could be. Pledges are down at this time, but expect that to pick up as we head into the fall. If you would like an overall report, please email me at pdunn5@gmail.com and I will send you one.”

*Pat Dunn, Treasurer*

### Budget Report for January 1 thru July 31, 2017

	<i>Budget</i>	<i>Actual</i>	<i>Difference</i>
<i>Income</i>	\$89,272.38	\$88,076.69	-\$1,195.69
<i>Expenses</i>	\$133,990.10	\$130,787.63	-\$3,202.47
<i>Deficit</i>	-\$44,717.72	-\$42,710.94	\$2,006.78
<i>Pledges</i>	\$43,750.00	\$35,080.00	-\$8,670.00

# Land and Sea

*by Leslie Williams  
August 2, 2017*

I like to swim out till I can't swim more  
Until it's hard to get my breath and in gasping have work  
to do  
Get back to shore  
I don't want to tell you about the girl  
Lying abed, my head beside hers  
On the white pillow eyes white she said I have not prayed  
I have barely ever done that I said don't worry I have  
done that for you  
I have included you in all the days of my life  
All days have been good for praying though it's hard to  
believe  
That's all God wants  
Shouldn't He want more in return for all this swanning  
around in the breeze  
Feeling easy in the body  
So animal, so wry  
I love the purple inside oyster shells but haven't done a  
thing to help them  
Nothing we can do to earn the mainsail beauty, given every  
day  
And the lifting sea.



<https://www.christiancentury.org/article/land-and-sea>

# Cedar Waxwings

*by Jacob Stratman  
July 31, 2017*

A family of Cedar Waxwings has gathered  
in the large, bare Oak in the corner

of the town cemetery. Like the scratchy  
hesitancy of a needle on wax or my son's attempt

at whistling through a mouth of missing teeth,  
their song turns in choir with the wind, low but sharp

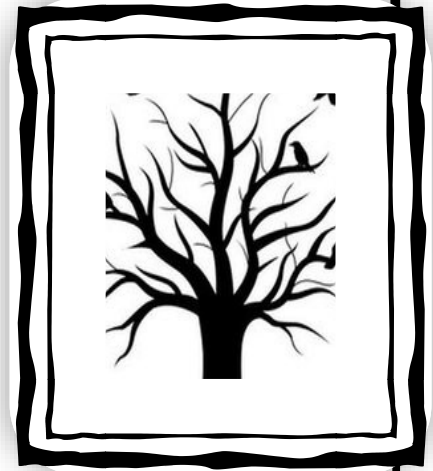
this morning. Speckled high in the branches,  
yards above the gray stones under the tree,

plotted years before sidewalks and wider, paved  
streets, their dawn-tipped tails and blood-tipped

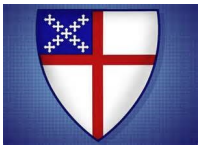
wings move in choir with the sun, not yet high  
enough to dominate the day, but these bandits

of winter, poised here in mid-March still,  
call me to stillness, invite me to pause here,

next to the Oak, under their elongated liturgy,  
a little longer now, just a little bit longer.



<https://www.christiancentury.org/article/cedar-waxwings>



**St Mark the Evangelist Episcopal Church**  
1612 W. Genesee Street Syracuse, NY 13204

TO:

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**STAY COOL!**

